



Photo: Nicho Södling - Skeppsholmsbron



Stockholm is a thriving, growing city where there is always something new to discover. It is one of the most beautiful cities in the world and a place for open, creative people. Experience nature, cultural history and the bustle of urban life - all in one day.

MUSEUMS OR DRINKS? WHY CHOOSE?

SPRITMUSEUM



Photo: Jeppe Wikstrom - Sergels Torg

Events

January 2014

4/1: Disney on Ice 2014, www.ticnet.se 6-17/1: La Bohème, opera, www.operavega.se 15-18/1: Formex, design fair, www.form...

February 2014

24/1-23/3: The Spring Salon at Liljevalchs, www.liljevalchs.se 3-9/2: Stockholm Design Week,

March 2014

24/1-23/3: The Spring Salon at Liljevalchs, www.lilievalchs.se 28/2-1/3: AVICII at Tele2 Arena, www.tele2arena.se

Top 5

The Stockholm City Museum ...

The City Museum tells the history of Stockholm and its inhabitants. It is h...



The museum of Medieval Sto...

The Museum of Medieval Stockholm describes the emergence and medieval develo...



The Swedish History Museum

The history of Sweden, from prehistory to the present. Meet the Vikings in $t_{\cdot \cdot \cdot}$



Museum of Spirits & Absolu...

Spritmuseum (Museum of Spirits) invites visitors to an unforgettable journey...



Tom Tits Experiment

Here you find untold wonders to discover together, both indoors and outdoors...





THE CITY



Photo: Jeppe Wikstrom - Sergels Torg

Stockholm is not only one of the most beautiful cities in the world, it is also one of the most exciting. Stockholm is a welcoming and innovative trendsetter and there is always something new to discover. Whether it is within fashion, technology, music, design, film or food. Stockholm is a place where creativity grows and where dreams and new ideas are realized. The beautiful buildings, fresh air, green spaces and proximity to the water are icing on the cake. The world's first National City Park is located here: a green lung in the pumping heart of the city. With its 750-year history and rich cultural life, the city offers more than 80 museums and attractions and three UNESCO World Heritages. Here you can also explore the archipelago and experience Stockholm from the water, which is one of the absolute musts. Welcome!

Stockholm's neighbourhoods:

Gamla Stan

Stockholm's oldest attraction is much more than the ultra-touristy street of Västerlånggatan. Here you will find some of the city's best restaurants and several bars with live music. Gamla Stan also has small curiosity, antique and handicraft shops, a multitude of cafés and small hotels, as well as several gay bars and cafés.

Djurgården

Many of the most popular museums and attractions are situated on the green island of Djurgården, which is also part of the Royal National City Park. Djurgården is also a popular recreation area. The island offers excellent walks, jogging, cycling and paddling, and is a lovely place to enjoy a picnic. In addition, Djurgården has loads of restaurants and sightseeing options. If you are traveling with children, Djurgården is a must: here you will find the city's best attractions for children, all within walking distance of one another.

Östermalm

The city's exclusive neighborhood is the place to be for fashion and design lovers. Stureplan, one of Stockholm's entertainment hubs, is also found here. Find Swedish fashion brands in Bibliotekstan and international brands along Birger Jarlsgatan. Some of the best design shops and big auction houses are also found in the Östermalm and Norrmalmstorg areas, as well as in Stureplan.

Södermalm

Stockholm's bohemian neighborhood is like a city within the city. The neighborhood also has numerous parks and fantastic panoramic views of the city. The streets around Skånegatan form the SoFo-neighborhood, where visitors will find a string of small shops, bars, cafés and restaurants. Götgatan, Mariatorget and Medborgarplatsen are also popular areas. Södermalm has many of the city's best bars and nightclubs, plus popular gay and lesbian clubs.

Norrmalm/City

Normalm is Stockholm's land and water public transportation hub. Major malls and department stores are located here, and the City is also densely packet with hotels and meeting venues.

Arrival Guides the world's largest network of destination information

DO & SEE



Photo: Nicho Södling

Stockholm is an eclectic mix of the medieval and the ultramodern, with everything from photography and contemporary art to handicrafts and cultural history. You can reach most attractions on foot, many of which are perfect for families. Make sure to take in Stockholm from the water. A city built on fourteen islands with a large, centrally located national park also offers incredible water views. And don't miss a boat trip to one of the 30,000 islands in the archipelago.

The Stockholm Card gives you free entry to more than 80 museums and attractions, free sightseeing and free public transportation.

Find even more tips at www.visitstockholm.com/en/







The Stockholm City Museum and the Millennium Tour



The City Museum tells the history of Stockholm and its inhabitants. It is housed in an imposing 17th century pa-lace in the heart of Stockholm. The museum also

arranges walking tours of vari—ous parts of the city or on various themes, for example the Millennium Tour (The Girl With the Dragon Tattoo) in Stieg Larsson's and Lisbeth Salander's footsteps.

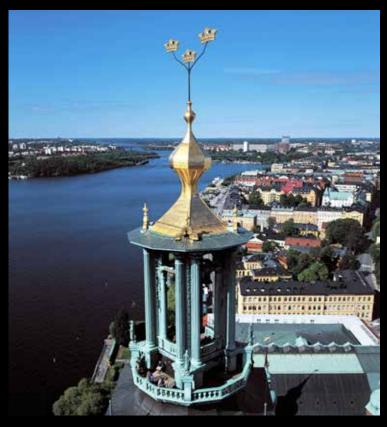
Address: Ryssgården, Slussen (Södermalm)

Opening hours: Tues – Sun 11-17 Thur 11-20 Mon Closed

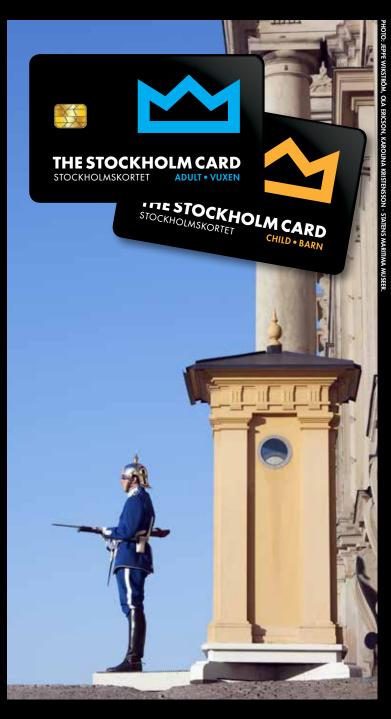
Phone: +46 8 508 31 620

Internet: www.stadsmuseum.stockholm.se

THE SMART WAY TO DISCOVER STOCKHOLM







SMART, SMOOTH AND GOOD VALUE!

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Buy your card at Stockholm Tourist Center or online at visitstockholm.com







The museum of Medieval Stockholm



The Museum of Medieval Stockholm describes the emergence and medieval development of the town and is built up round some of the permanent heritage

monuments which came to light during the archaeological excavations on Helgeandsholmen (The Island of the Holy Spirit) between 1978 and 1980.

Address: Strömparterren, Norrbro (City)

Phone: +46 8 508 31 620

Internet: www.medeltidsmuseet.stockholm.se

The Swedish History Museum



The history of Sweden, from prehistory to the present.

Meet the Vikings in the largest collection of Viking finds in the world. See over 250 kilograms of gold and silver treasures in

the Gold Room. Restaurant and museum shop.

Address: Narvavägen 13–17 Phone: +46 8 519 556 00 Internet: www.historiska.se

Museum of Spirits & Absolut Art Collection



Spritmuseum (Museum of Spirits) invites visitors to an unforgettable journey, from pleasure to pain, from park bench to cocktail party, through scenery, experience,

scents, tastes... Explore the Absolut Art Collection with works by Andy Warhol, Damien Hirst and others. Visit the shop and the restaurant.

Address: Djurgårdsvägen 38-40

Public Transport: Bus 44, tram 7, ferry to Djurgården Opening hours: 1.6-31.8: Mon, Wed-Sun: 10-18, Tue: 10-20. The restaurant is open to 22, Sunday to 20. Closed 22 June. 1.9–31.5: Mon, Wed-Sun: 10-17, Tue: 10-20. Closed: 23, 24, 25, 31 Dec.

Phone: +46 8 1213 1300

Tickets: Adult: 100 SEK0-12 years free

Internet: www.spritmuseum.se

Tom Tits Experiment



Here you find untold wonders to discover together, both indoors and outdoors. It's easy to learn when you're having fun. EVERYTHING here is for experimenting. Find out how

satisfying it is to share the feeling of discovery with children of all ages.

Address: Storgatan 33

Opening hours: Open 10-18 Phone: +46 8 550 225 00

Internet: www.tomtit.se/english

More Info: 35 minutes by commuter train from Stockholm

Skansen



Meet historic Sweden! Skansen is home to 150 buildings and farms transported from different parts of the country. Stroll among the beautiful gardens

with flower beds and functional plants. See Nordic animals, particularly predators and native Swedish breeds. Celebrate this year's traditional festivities and enjoy the wide variety of programs. Museum shop with handicrafts and Swedish design.

Address: Djurgårdsslätten 49-51, Djurgården

Phone: +46 8 442 80 00 Internet: www.skansen.se



Prins Eugens Waldemarsudde



Prince Eugene's former home is one of Sweden's most popular art museums. Visit the prince's reception rooms and see his collection as well as temporary exhibitions. A

beautiful flower and sculpture garden surrounds the museum.

Address: Prins Eugens väg 6, Stockholm

Opening hours: Tuesdays – Sundays 11 am – 5 pmThursday evenings –

8 pm (Mondays closed)
Phone: +46 8 54 58 37 00
Internet: www.waldemarsudde.se

Moderna Museet



The Moderna Museet is a place for lovers of art and culture, whether young or old. Here you will find one of Europe's most distinguished collection of modern and

contemporary art with key works from the hands of Pablo Picasso and Andy Warhol and many others. The museum is situated on the beautiful island of Skeppsholmen downtown Stockholm. There is a Restaurant, an Espresso Bar and a Shop.

Address: Excersisplan, Skeppsholmen

Phone: +46 8 520 23 500 Internet: www.modernamuseet.se

The National Museum of Science and Technology



Play your favourites in Game On 2.0 – the largest video games exhibition in the world, featuring hundreds of original games. Visit the interactive exhibition 100 innovations or

challenge your friends in Sports. Watch a film with all your

senses in Cino4 - Sweden's first 4D cinema!

Address: Museivägen 7, Stockholm

Phone: +46 8 450 56 00

Internet: www.tekniskamuseet.se/en

Stockholm Concert Hall / Royal Stockholm Philharmonic Orchestra



Enjoy the Royal Stockholm
Philharmonic Orchestra – an orchestra of high international reputation, well known from the Nobel Prize Ceremony.
Enjoy first-class performances

of international soloists and world renowned conductors! Free entrance to guided tours with the Stockholm Card.

Address: Hötorget

Phone: +46 8 50 66 77 88

Internet: Programmes & website: www.konserthuset.se

The World Heritage the Woodland Cemetery



When the Woodland Cemetery (Skogskyrkogården) was created at the beginning of the 1900s, it was unique with the combination of nature and architecture, and completely

unlike any cemetery before. Today, it is considered one of the most important creations of modern architecture and was inscribed on UNESCO's World Heritage List in 1994.

Address: Sockenvägen, 492

Public Transport: Skogskyrkogården

Phone: +46 8 508 31 730

Internet: www.skogskyrkogarden.se

Yasuragi Hasseludden

Yasuragi Hasseludden is a peaceful oasis where you can enjoy Japanese baths, activities and treatments as well as fabulous meals in the Teppanyaki or Tokyo restaurants. An overall experience inspired by the best from Japan. Go here by car or bus, or enjoy a boat trip through



Stockholm's stunning archipelago!

Address: Hamndalsvägen 6, Saltsjö-Boo, Stockholm Public Transport: Bus: Hamndalsvägen. Pier: Hasseludden

Phone: +46 8 747 61 00 Internet: www.yasuragi.se Email: privat@yasuragi.se

Guide to all museums and attractions

Stockholm has more than 80 museums and attractions, and offers several options depending on your interest: culture and history, art and architecture, royal attractions, entertainment, family friendly and sightseeing. In addition to the listed below, please find the entire list of museums and attractions by clicking on the link below.

Internet:

www.arrivalguides.com/Content/files/STHLM_Museums_en_2013.pdf

Bonniers Konsthall Contemporary Art Gallery

Since 2006, Bonniers Konsthall, a leading site for Swedish and international contemporary art, offers Stockholm's most exciting and cutting-edge exhibition program. The glass building, designed by Johan Celsing Architects, also contains a gallery shop and a cafe and restaurant.

Address: Torsgatan 19
Phone: +46 8 736 42 48
Internet: www.bonnierskonsthall.se

Fotografiska



Fotografiska is among the largest assemblages of contemporary photography in the world. The bistro at Fotografiska has a view of Stockholm's bay and is run in

partnership with celebrity chef Paul Svensson. Since opening in 2010, over one million people have experienced world-class art and flavors.

Free entry with the Stockholm Card!

Address: Stora Tullhuset, Stadsgårdshamnen 22 Phone: +46 8 50 900 500 Internet: www.fotografiska.eu

Under the Bridges of Stockholm

A complete sightseeing tour if you're looking to see Stockholm from the water. During the journey you get to see and take-in of Stockholm's most famous buildings: The Royal Palace and City Hall, to name two. We'll travel under fifteen different bridges and pass through two locks connecting the Baltic Sea with Lake Mälaren. The tour is guided in 11 languages and has a cafeteria onboard.

Address: Nybrokajen Internet: www.stockholmsightseeing.se More Info: Departure: Nybrokajen, Daily departures from April to november.

Royal Canal Tour

This tour will take you through the greener parts of Stockholm. The tour runs from downtown through Djurgårdsbrunnskanalen and around Djurgården, which is located in the Royal National City Park, past historic buildings and lush nature. Daily departures from April to December

Address: Nybrokajen Internet: www.stockholmsightseeing.se

Archipelago tour with a guide

Guided tour of the Stockholm archipelago. On board, the guide will tell you all about what's typical about the Stockholm archipelago in a very inspiring way, making the journey a beautiful and informative outing. You will go with either m/s Östanå I built 1906 or s/s Stockholm built 1931, both of which are classic pearls and well-known elements in the archipelago.

Address: Strandvägen Internet: Buy ticket online: www.strommakanalbolaget.se More Info: Boat from Strandvägen, berth 15 and 16

Vaxholm – Capital of the archipelago

The trip to Vaxholm goes with our flagship from 1931, s / s Stockholm, and is an experience in itself. The vessel is larger than traditional archipelago ships and beautifully



decorated in Art Deco style. She has a large dining room and bright lounges. Perfect for you if you want to enjoy the sea breeze and spend some time in Vaxholm. Departures at 12:00 and 15:00 are guided.

Address: Strandvägen

Internet: Buy ticket online: www.strommakanalbolaget.se

More Info: Boat from Strandvägen, berth 15

Stockholm Winter Tour

Join us on a sightseeing tour in winter Stockholm. We'll guide you along the city's quays, out to and around the island Fjäderholmarna while the guide tells us interesting facts about our journey. If you feel a bit chilly we serve Swedish Glögg, a traditional hot mulled wine in the cafeteria. Here you will also find other warm and cold beverages. Departure point: Nybrokajen. Daily December - April.

Internet: www.stockholmsightseeing.se

Junibacken



The Story Train is central to Junibacken, with its journey through the fabulous stories of Astrid Lindgren, but you will also meet many other famous figures such as Alfie Atkins,

Festus and Mercury and Mulle Meck. Story-time characters come to life, and you can play and make noise, relax in a cosy corner, feel chills along your spine, discover and learn, and go to the theatre.

Address: Galärvarvsvägen

Opening hours: Jan-may, sep-dec: Tuesday-Sundag 10 am-5 pm, June Aug open every day 10 am-5 pm, July open every day 10 am-6 pm

Phone: +46 8 587 230 00 Internet: www.junibacken.se

The Bergian garden



Botanical garden with greenhouses. Experience plants from all over the world: Edvard Anderson's greenhouse with plants from Mediterranean climate and the

tropics, the world's largest water lily in the unique Victoria House. Lush kitchen and herb garden, Japanese pond and much more.

Address: Gustafsborgsvägen 4

Public Transport: Subway to Universitetet

Opening hours: Open all year round

Phone: +46 8 54 59 17 00 Internet: www.bergianska.se

More Info: Café, restaurant & museum shop

Nordiska museet



Welcome to Sweden's largest museum of cultural history! Discover Swedish trends and traditions and enjoy exhibitions on a wide range of subjects, for example fashion,

interiors, furniture, table settings, textiles, folk art, doll's houses and the Sami, one of the world's indigenous peoples.

Address: Djurgårdsvägen 6

Opening hours: Daily 10 am – 5 pm. Wednesdays open until 8 pm

(Sept-May)

Phone: +46 8 519 546 00 Internet: www.nordiskamuseet.se

Stockholm from the water



Stockholm is full of fantastic water views. On Stockholm Sightseeing's guided boat tours you enjoy the city's lovely scenery as you learn more about Stockholm.

Choose between boat tours around the city or in the



nearby national park. Commentary in up to 11 languages on certain tours.

Address: Nybrokajen/Strömkajen Internet: www.stromma.se

Stockholm in 75 minutes



Experience Stockholm with Panorama Sightseeing's unique glass buses. The route takes you through the central parts of the city and Royal Djurgården national park. It

passes famous attractions, e.g. City Hall, Royal Palace and famous Fjällgatan view. Commentary in 10 languages.

Address: Gustav Adolfs torg Internet: www.stromma.se

Kaknästornet TV-tower



155 meters (509 Feet) tall! The best view of Stockholm! Relax in our café/skybar (floor 30). Or enjoy first class dining in a beautiful environment (floor 28). Bus 69/69K.

Address: Mörka Kroken 28-30 Phone: +46 8 667 21 80 Internet: www.kaknastornet.se

Rooftop tours



A guided experience with giddying views and a dose adrenaline. A rooftop tour is fun, unique and educational. Enjoy Stockholm from the roofs of the old parliament

building at Riddarholmen, centrally located, close to the underground station at Gamla stan. Take the chance to learn more about Stockholm from new perspectives.

Phone: Booking +46 8 22 30 05 (Mon-Fri 11.00-15.00)

Internet: www.upplevmer.se

More Info: info@upplevmer.se

SkyView



SkyView takes you on an exciting journey along the outside of the Ericsson Globe. From the top, 130 meters above the sea level, you enjoy an unbeatable view of

Stockholm. SkyView consists of two glass gondolas, that each can hold 16 people. The ride takes about 20 minutes.

Address: Globentorget

Public Transport: Green line Globen station

Opening hours: Monday-Friday 09.30-18.00, Saturday-Sunday

09.30-16.00

Phone: +46 771 811 000

Internet: www.globearenas.se/skyview

Old Town - Gamla Stan

Stockholm's oldest attraction is much more than the ultra-touristy street of Västerlånggatan. Here you will find some of the city's best restaurants and several bars with live music. Gamla Stan also has small curiosity, antique and handicraft shops, a multitude of cafés and small hotels, as well as several gay bars and cafés.

Address: Gamla Stan, Stockholm

Birka - The Viking City

In Birka, also known as the first city in Sweden and one of UNESCO's World Heritage Sites, you can travel back in time to the 750's. In this old Viking city you can go on guided tours and experience what life was like back then. Birka is located in the archipelago on an island called Björkö which can easily be reached by boat.

Address: Birka, Stockholm

Gröna Lund Tivoli

In the summer time the Gröna Lund Tivoli is one of the main attractions on Djurgården Island. This Tivoli offers



numerous fun rides, lotteries, concerts and much more. Everything you need for a day full of fun.

Address: Lilla Allmänna Gränd 9, Stockholm

Opening hours: Opening hours vary depending on the season

Phone: +46 10 708 91 00 Internet: www.gronalund.com

THE STOCKHOLM CARD



The smart way to discover Stockholm

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- ☐ Free public transportation
- Free sightseeing

The Stockholm Card saves you time and money. You will not need to make cash or card payments at entrances or on public transportation. Discover museums, attractions, sightseeing tours and other gems that you had no idea existed. A card for all ages.

Smart, convenient and affordable!

Internet: www.visitstockholm.com/stockholmcard

EVENTS



Hundreds of music, culture, sports and entertainment events take place in Stockholm every day of the year. Events marked with an R take place annually.

Throughout 2013

The Parade of Guards takes place daily at the Royal Palace at 12:00 p.m., except Sundays and holidays, when it is at 1:00 p.m. www.mil.se/hogvakten

Find even more tips at www.visitstockholm.com/to-do/events

January 2014

4/1: Disney on Ice 2014, www.ticnet.se

6-17/1: La Bohème, opera, www.operavega.se

15-18/1: Formex, design fair, www.formex.se

24/1-23/3: The Spring Salon at Liljevalchs, www.liljevalchs.se

26-28/1: Mercedes Benz Fashion Week

Internet: www.visitstockholm.com

February 2014

24/1-23/3: The Spring Salon at Liljevalchs, www.liljevalchs.se

3-9/2: Stockholm Design Week,



www.stockholmdesignweek.com

14-16/2: Supermarket 2014 - Stockholm Independent Art Fair, www.supermarketartfair.com

28/2-1/3: AVICII at Tele2 Arena, www.tele2arena.se

Internet: www.visitstockholm.com

March 2014

24/1-23/3: The Spring Salon at Liljevalchs, www.liljevalchs.se

28/2-1/3: AVICII at Tele2 Arena, www.tele2arena.se

11-14/3: Kings Of Tennis, www.kingsoftennis.se

22-23/3: Liquorice Festival, www.lakritsfestivalen.se

4/3: Fat Tuesday, Swedish food tradition

Internet: www.visitstockholm.com

DINING



Photo: Nicho Södling

In recent years, Stockholm has been featured and praised as one of the most exciting food capitals of the world. Whether you want to experience classic Swedish cuisine in the form of a smorgasbord or contemporary gastronomy focusing on slow food and featuring local ingredients, Stockholm offers an impressive selection. Do as the Swedes do: eat lunch. "Dagens lunch", today's lunch, is an

affordable option served at midday.

Every neighborhood has excellent restaurant options, but the most concentrated restaurant areas are in Gamla Stan and SoFo on Södermalm

Find even more tips at www.visitstockholm.com/en/eat

Fem Små Hus



Fem Små Hus serves classic Swedish food. The ingredients are selected with care and the cooks prepare everything from scratch. The wine cellar is well stocked and the

sommeliers will happily guide you through the wine list. There's been a restaurant in the building since the 17th century.

Address: Nygränd 10 Phone: +46 8 10 87 75 Internet: www.femsmahus.se

Stadshuskällaren

Stadshuskällaren breathes tradition and culinary pride in their high-vaulted cellar. Here you can enjoy everything from classic Swedish menu or your choice Nobel menu from 1901–onward.

Address: Hantverkargatan 1 Phone: +46 8 506 322 00 Internet: www.profilrestauranger.se

More Info: stadshuskallaren@profilrestauranger.se

Dramaten – Frippe, Pauli och Terrassen

Filled with celebrities, dramatic, but still relaxed! Frippe is the neighborhood restaurant where you can take a bite before the theater or just sit and converse over a glass of wine. Pauli's Terrace, with its view, is one of Stockholm's musts!

Address: Nybrokajen 2 Phone: +46 8 665 62 66



Internet: www.profilrestauranger.se

More Info: dramaten@profilrestauranger.se

Skansens Restauranger

As Swedish as it gets! In classical soil at Skansen, you can enjoy a coffee or a glass of wine on the Terrace or our famous Swedish smorgasbord restaurant Solliden. Visit Solliden during Allsång in summer.

Address: Djurgårdsslätten 49 Phone: +46 8 566 370 00 Internet: www.profilrestauranger.se More Info: skansen@profilrestauranger.se

Haga Forum

Located at the south gate in the Royal Haga Park, is Haga Forum flaunting magnificent views over Brunnsviken. At Haga, the classical cuisine meets the modern exciting culinary arts. Take a stroll in the park and do not miss the amazing brunch on the weekends!

Address: Annerovägen 4 Phone: +46 8 33 48 44

Internet: www.profilrestauranger.se

More Info: hagaforum@profilrestauranger.se

Strömma Kanalbolaget



Strömma Kanalbolaget's classic boats offer lunch or dinner cruises in the archipelago. Traditional Swedish and archipelago inspired food is served on

board. Proud Stockholmers mix with food lovers from all over the world. Cruise length from 2 to 3.5 hours.

Address: Nybroviken and Stadshusbron Internet: www.stromma.se

Gute Grill



At Gute Grill you get rustic and well made cuisine made from local products of Gotland. A wide range of beer from the island Gotland, drinks and wine from all over the

world. Choose between typical Swedish, modern, ecological, or classic dishes from Gotland in downtown Stockholm close to Stureplan.

Address: Brunnsgatan 6

Opening hours: Mon-Sat from 11.00-01.00 and lunch Mon-Fri 11.00-14.00

Phone: +46 8 20 22 36 Internet: www.gutegrill.se

Ersta Terrass



Ersta Terrass offers great views, good food, coffee or a glass of wine and a nice terrace.

Address: Fjällgatan 45

Opening hours: Open 7/1-3/5 m-f 11-14, 4/5-20/6 m-su 11.30-16 Midsummer closed. 24/6-11/8 su-tu 11.30-16, w-sa 11.30-21 11/8-1/9 m-su 11.30-16.

Internet: www.lokusfestkonferens.se

Grossmanns and GQ

Fresh ingredients and impeccable quality is a prerequisite for an excellent dining experience. In order to ensure that everything is first class, we work with local producers who are committed to organic and natural farming. We rarely serve food that has been transported unnecessarily. It is only when we don't find quality ingredients near home that we set out on our culinary travels, usually ending up visiting good friends in southern Europe.

Restaurang GQ strives for an authentic experience. From farm to fork.

Address: Kommendörsgatan 23



Phone: 08-545 674 30 Internet: www.gqrestaurang.se

CAFES



Photo: Henrik Trygg - Grinda

Stockholmers love their coffee and happily spend a few hours a week at one of the city's many cafés. Several of the year's holidays are also associated with typical Swedish baked goods: Swedish princess cake for birthdays, saffron buns and gingerbread cookies at Christmas, Easter buns at the beginning of the year and marzipan chicks when Easter arrives. Otherwise, the most Swedish thing you can eat is the cinnamon bun. There is even an official cinnamon bun day, which is October 4.

Every neighborhood has typical Swedish cafés. City and Östermalm have the most classic cafés while Gamla Stan and Södermalm have many small, charming and character-filled coffee shops. The Swedish word for a coffee break is "fika".

Find even more tips at www.visitstockholm.com/en/Dine/Cafes/

Vetekatten

Vetekatten is one of most popular cafés in Stockholm, a favourite with both locals and tourists. Here you can enjoy traditional Swedish pastries and coffee of superior quality.

Address: Kungsgatan 55, Stockholm Opening hours: Monday - Friday 7.30 am - 7.30 pm. Saturday 9.30 am -5 pm. Sunday 9.30 am - 5 pm Phone: +46 8 20 84 05 Internet: www.visitstockholm.com

Bakverket

Awarded Stockholm's best breakfast spot, Bakverket in SoFo is extremely popular and crowded. Bakverket serves breakfast, pastries and home-made bread all day long.

Address: Bondegatan 59, Stockholm

Opening hours: Monday - Friday 8 am - 5 pm. Saturday - Sunday 10 am -

5 pm

Phone: +46 8 6409107

Internet: www.bakverket.blogspot.se

Petite France

An abundance of French specialties can be found at the Petite France Bakery. Choose between brioches, croissants and other types of tasty pastries. Here you can also enjoy a lovely breakfast and lunch.

Address: John Ericssonsgatan 6, Stockholm

Opening hours: Café: Monday - Friday 8 am - 6 pm. Saturday - Sunday 9

am - 5 pm. Bistro: Wednesday - Sunday 6 pm - 11 pm

Phone: +46 8 618 28 00

Internet: www.visitstockholm.com

Vurma

With a welcoming and personal style, café Vurma offers a high cosy factor with a colourful interior. This popular café can be found in numerous locations around Stockholm.

Vurma Kungsholmen

Polhemsgatan 15 +46 8 650 93 50

Vurma Södermalm

Bergsundstrand 31

+46 8 669 09 60

Vurma Östermalm

Birger Jarlsgatan 36

+46 8 611 00 45

Address: Gästrikegatan 2, Stockholm

Phone: +46 8 306230



Internet: www.visitstockholm.com

Sturekatten

Being the oldest café in Stockholm, Sturekatten offers a traditional café situated in a 16th century building right in the centre of the city. Here you can enjoy classic bake shops goods while reading a good book.

Address: Riddargatan 4, Stockholm

Opening hours: Monday - Friday 9 am - 7 pm. Saturday 10 am - 6 pm.

Sunday 11 am - 6 pm. Closed on Christmas and Christmas Day

Phone: +46 8 611 16 12

Internet: www.visitstockholm.com

Chokladkoppen

With an ideal location right next to the Royal Palace, Chokladkoppen offers a cosy café with exquisite pastries and sandwiches. Rumours say that the house was built in the 1520's.

Address: Stortorget 18, Stockholm

Opening hours: Monday - Thursday 10 am - 10 pm. Friday 10 am - 11 pm.

Saturday 9 am - 11 pm. Sunday 9 am - 10 pm

Phone: +46 8 20 31 70

Internet: www.visitstockholm.com

Café Sirap

If you have cravings for American-style pancakes, Café Sirap offers a wide range of pancakes with different toppings. You can enjoy a great breakfast here every Monday to Friday between 8.30 am and 11 am.

Address: Surbrunnsgatan 31A, Stockholm

Opening hours: Monday - Friday 8.30 am - 4 pm. Saturday - Sunday 11

am - 5 pm

Phone: +46 8 612 94 19

Internet: www.visitstockholm.com

Café String

This place has an extremely popular breakfast buffet in the weekends. At Café String you can also enjoy a great lunch, something sweet or coffee in a colourful vintage décor.

Address: Nytorgsgatan 38, Stockholm

Opening hours: Monday - Thursday 9 am - 8 pm. Friday 9 am - 7 pm.

Saturday - Sunday 10 am - 7 pm

Phone: +46 8 714 85 14 Internet: www.visitstockholm.com

Rosendals Garden Café

This garden café is located on Djurgården Island and claimed to be one of Stockholm's true hidden gems. In the summers this place is an absolute must. Enjoy light dishes like salads, soups and home-made pastries.

Address: Rosendalsterrassen 12, Stockholm

Phone: +46 8 545 812 70 Internet: www.visitstockholm.com

Saturnus

At Saturnus you will find legendary cinnamon rolls. They are not only good, they are also super large. This small café offers great pastries and drinks in an intimate atmosphere.

Address: Eriksbergsgatan 6, Stockholm

Opening hours: Monday - Friday 8 am - 8 pm. Saturday - Sunday 9 am - 7

pm.

Phone: +46 8 6117700

Internet: www.visitstockholm.com

18 Smaker

If you enjoy ice cream you will enjoy 18 Smaker. This place serves home-made ice cream, a total of 18 flavours. The flavours change every season and are made of organic ingredients.

Address: Timmermansgatan 15, Stockholm

Opening hours: Wednesday - Friday 12 pm - 6.30 pm. Saturday - Sunday

12 pm - 5 pm

Phone: +46 8 462 03 95 Internet: www.visitstockholm.com

Foam

This trendy café was built in 1997 and designed by London W8. Here you can enjoy a wide selection of light meals like salads and sandwiches as well as pastries.

Address: Karlavägen 75, Stockholm

Opening hours: Monday - Thursday 8 am - 9 pm. Friday 8 am - 7 pm.

Saturday - Sunday 11 am - 7 pm

Phone: +46 8 660 09 96



Internet: www.visitstockholm.com

Fåfängan Restaurant & Café

From Fåfängan you get one of the greatest views in Stockholm. In the summertime you can relax in the outdoor seating area while sipping on a cup of coffee. The brunch on Saturdays and Sundays is very popular.

Address: Klockstapelsbacken 3, Stockholm

Phone: +46 8 642 99 00 Internet: www.visitstockholm.com

Mean Coffee

Near the Central Station you will find Mean Coffee, an ambitious coffee bar serious about their coffee and sandwiches. Here you can have a great cup of coffee or grab a breakfast on-the-go.

Address: Vasagatan 38, Stockholm

Opening hours: Monday - Friday 7 am - 5 pm

Phone: +46 8 21 16 50

Internet: www.visitstockholm.com

Chaikhana

Chaikhana offers a great variety of pure and blended teas. Afternoon tea has become increasingly popular, so why not try it and enjoy a cup in the picturesque Old Town.

Address: Svartmangatan 23, Stockholm

Phone: +46 8 24 45 00

Internet: www.visitstockholm.com

Bianchi Café & Cycles

Bianchi Café & Cycles opened in 2010 and is highly appreciated by its customers. Here you can have a coffee, try some Italian food and shop for a bicycle, all at the same time.

Address: Norrlandsgatan 20, Stockholm

Opening hours: Daily Phone: +46 8 611 21 00

Internet: www.visitstockholm.com

Kafé Esaias

This coffee bar serves high-quality coffee and light meals

like sandwiches, soups and salads. Kafé Esaias is claimed to be one of the best coffee bars Stockholm and you find it in the Norrmalm area.

Address: Drottninggatan 102, Stockholm

Opening hours: Monday - Friday 8 am - 5 pm. Saturday - Sunday 10 am -

5 pm

Phone: +46 8 684 396 00 Internet: www.visitstockholm.com

Café Copacabana

In the Hornstull area you can find the bohemian Café Copacabana, located in the same building as the Rio movie theatre. Here you can enjoy orange-chili hot chocolate and a great view of the water.

Address: Hornstulls strand 3, Stockholm

Opening hours: Monday - Thursday 9 am - 9 pm. Friday 9 am - 7 pm.

Saturday - Sunday 10 am - 7 pm Phone: +46 8 669 29 39 Internet: www.visitstockholm.com

Himlavalvet

In a secluded part of the city centre you can find the Observatory Museum and café Himlavalvet. Sit down and enjoy waffles, sandwiches, home-made bread and hot and cold drinks.

Address: Drottninggatan 120, Stockholm

Phone: +46 8 31 40 41

Internet: www.visitstockholm.com

Café Blå Lotus

Inspired by the Orient, Café Blå Lotus offers a cosy decor and great variety of coffee and teas. Here you can enjoy great home-made pastries that will satisfy your taste buds.

Address: Katarina Bangata 21, Stockholm

Phone: +46 8 644 50 43 Internet: www.visitstockholm.com



BARS & NIGHTLIFE



Photo: Mikael Sjöberg - F12

How about clubbing in an opera house, mingling under the stars on a terrace or lounging on a boat deck sipping drinks? Stockholm has trendy nightlife, from cool, sophisticated Stureplan to the bohemian clubs and bars of Södermalm and Gamla Stan. In the summertime, the city's nightlife moves outdoors and revelers take in long, light nights when the sun never sets. These are Stockholm's party neighborhoods:

Stureplan

In Stockholm, Stureplan is the symbol of luxury and indulgence. This is where the young, rich, famous and beautiful hang out. Lines are long for the most popular clubs, and many have selective entry. Arrive early.

Södermalm

Rock, reggae, rockabilly, bohemian, electronic, gay or lesbian. Södermalm blends all styles. This is a more relaxed, less expensive alternative to the luxury of Stureplan. Nightlife spots are primarily in Slussen, Mariatorget, Nytorget and Medborgarplatsen.

Gamla Stan

Nightlife in Gamla Stan is characterized by small, intimate pubs with traditional interiors. Here you will find several bars with an older scene and offering live music; bars with a younger crowd have popped up in recent years.

Stockholm has no specifically gay neighborhood. You can show your love openly. Locales flying rainbow flags are sprinkled throughout the city, but most gay bars, clubs and restaurants are in Gamla Stan and Södermalm.

Find even more tips at www.visitstockholm.com/en/Dine/Bars-clubs/

Casino Cosmopol Stockholm

In days gone by, this fine traditional old building in the heart of Stockholm played host to dazzling movie premiers. Today, they invite you to Stockholm's international casino with all the classic casino games as Roulette, Black Jack, Caribbean Stud Poker, Punto Banco and Poker together with a wide range of modern slot machines and, of course, pleasant restaurants and bars. Enjoy the surroundings over a three-course meal or take a seat at the bar and drink, basking in the atmosphere.

Address: Kungsgatan 65 Phone: +46 8 781 88 00 Internet: www.casinocosmopol.se

Gården



Gården is the city's new living room during the outdoor eating season. An attractive waterhole for lunch, drinks after work, dinner and an evening out. The restaurant

can seat 650 guests and has a wonderful lounge area, refreshing drinks and a well-composed menu. Summer 2011 also saw the launch of the new concept Burgers n' Stuff at Gården.

Address: Skolgården Norra Latin
Phone: +46 8 51 94 22 77
Internet: www.gardenstockholm.se
More Info: bokning@gardenstockholm.se

LGBTQ



Debaser Medis

Debaser Medis offers one of the best live stages in Stockholm. You can find this club in Södermalm, an area popular with the trendy crowd. Come here for concerts or clubbing in a nice, relaxed atmosphere.

Address: Medborgarplatsen 8, Stockholm

Phone: +46 8 694 79 00 Internet: www.visitstockholm.com

White Room

White Room offers a stylish nightclub right in the middle of Stureplan, a trendy area in Stockholm. This club is well recognized with the 'in-crowd' and lets the champagne flow until morning.

Address: Jakobsbergsgatan 29, Stockholm

Phone: +46 8 545 076 00 Internet: www.visitstockholm.com

Pet Sounds Bar

This relaxed bar in Södermalm is operated by the record store Pet Sounds Records that you can find right across the street. This is the perfect place for a few well-mixed drinks in good company. In the cellar space you can enjoy live DJ's, events and club evenings.

Address: Skånegatan 80, Stockholm

Phone: +46 8 643 82 25 Internet: www.visitstockholm.com

Berns

Berns is not only a nightclub, the well-preserved 1860's building also features a whole entertainment mecca with bars, dance floors and alfresco areas in the summer. This is a great place to go see international artists perform on stage in the gorgeous hall.

Address: Berzelii Park, Stockholm Phone: +46 8 566 322 00 Internet: www.visitstockholm.com

Kåken

This hip and trendy place, inspired by the 1940's

American movies, is popular with the media crowd. Here you can enjoy a few classic drinks with your friends and order something filling from the bar.

Address: Regeringsgatan 66, Stockholm

Phone: +46 8 20 60 10

Internet: www.visitstockholm.com

SHOPPING



Photo: Nicho Södling

It is hard to name the best place to experience Swedish design, not because of any shortage, but because design permeates everything—from the streets to shops and restaurants. Stockholm has four shopping neighborhoods, each with its own special character.

City/Norrmalm

City is a hub for malls and department stores. Major clothing chains are also found here. Fashion is geared toward a younger crowd and tends to be affordable. By all means, don't miss any of the newer malls and department stores, PUB, Illums Bolighus and MOOD, or the exclusive NK.

Östermalm

Östermalm is Stockholm's exclusive neighborhood. Most international brands and specialty shops focusing on design, fashion and jewelry are around Stureplan and Birger Jarlsgatan. Find Sweden's leading fashion brands around Biblioteksgatan and the area known as Bibliotekstan. Auction houses and exclusive antique shops are located along Arsenalsgatan and Nybrogatan. The area



bordered by Sibyllegatan, Östermalmstorg, Karlavägen, Stureplan and Strandvägen has some of the city's best interior design shops.

Gamla Stan

Gamla Stan is so much more than Västerlånggatan, the touristy souvenir street. Visit Gamla Stan in your hunt for authentic handicrafts, art and curiosities. Many small specialty shops and true gems can be found here, especially along Köpmangatan and Österlånggatan. Stroll along Lilla and Stora Nygatan, or lose the map and wander freely. Gamla Stan is not big.

Södermalm

The southern island, Södermalm, is like a city within a city with its characteristic relaxed, bohemian vibe. Here you will find many specialty shops, particularly ones featuring design and vintage fashion. Central areas of Södermalm include Götgatan, Skånegatan and the area known as SoFo, which stands for South of Folkungagatan. A cluster of handicraft shops can be found around Slussen and along Hornsgatan, while Hornstull and Mariatorget are popular up-and-coming neighborhoods.

Find even more tips at www.visitstockholm.com/en/To-Do/Shopping/

Bottega Veneta



It is not just another luxurious Italian brand it's the leader of exclusive artisanship and unique designs. Bottega Veneta is known for its prestigious intrecciato (woven

leather) find a nice selection of handbags, accessories, shoes & jewelry at the store on Birger Jarlsgatan.

Address: Birger Jarlsgatan 8 Phone: +46 8 611 6688

Internet: www.bottegaveneta.com

Mulberry



Mulberry is a piece of celebrated British luxury famous for high-quality leather bags, accessories and ready-to-wear. At the store on Birger Jarlsgatan you can find

iconic styles as the Bayswater and Alexa, but also handbags as well as ready-to-wear and accessories from the latest collection.

Address: Birger Jarlsgatan 10 Phone: +46 8 611 46 88 Internet: www.mulberry.com

Fältöversten



Welcome to Fältöversten, a popular department store close to Östermalmstorg. An interesting blend of shopping and restaurants makes it a great place for those who

appreciate the good things in life. Experience everything from delicacies and Armani to Systembolaget and Sweden's best grocery store. The nearest tube station is Karlaplan, welcome to Fältöversten!

Address: Karlplan 13, Stockholm
Internet: www.faltoverstencentrum.se

Alewalds Outdoor & Sports



In Alewalds Outdoor & Sports You will find more than 250 brands in outdoor equipment. If you want to live an active outside life we have it all, from mosquito nets to kayaks and

functional clothes with high fashion. We have a large range of cross country-products and is the official Vasaloppet Store.



Wolford

Wolford has positioned itself on the world market as a luxury brand for stockings, ready-to-wear items, underwear and bathing suits and stands for high quality products characterised by timeless elegance and maximum comfort. Please experience our beautiful Autumn/Winter collection in the Wolford Boutique and your will be guided into the World of Wolford.

Address: Smålandgatan 20 Phone: +46 08 611 0804 Internet: www.wolford.com

NK- The great department store



Steeped in tradition, NK is Stockholm's most luxurious department store, established 1902. Swedish and international fashion, cosmetics, jewelry, crystal,

ceramics, design, fine foods and much more.

Address: Hamngatan 18–20 Internet: www.nk.se

Bruno Gallerian



Bruno is a confluence of Scandinavian and international fashion. One of the best Asian restaurants in Stockholm is also located here. Bruno is: Hope, Whyred, Filippa K,

Aplace, H&M, American Apparel, 3 and Restaurant Ljunggren.

Address: Götgatan 36 Internet: www.brunogotgatsbacken.se

Mood Stockholm



Enjoy, Shop, Explore. If you're starting to think that all cities have the same stores and the same shopping malls, make a visit to MOOD Stockholm - the place for people to meet, eat

and shop. Here you'll find a unique collection of stores and restaurants gathered together in a fantastic environment.

Address: Regeringsgatan 48 Internet: www.moodstockholm.se

PUB



Stockholm's oldest department store opened in 1882. Today a modern shopping experience. Carefully selected interior items, Scandinavian design, fashion

and beauty meet restaurants and cafés in an eclectic and genial atmosphere.

Address: Hötorget Internet: www.pub.se



ACCOMMODATIONS



Photo: Peppe702

Classic luxury at a historic hotel, a meeting venue or a hostel on a boat? Spa, sea view or design hotel?

Stockholm has a large selection of accommodations at all price levels and for all preferences. Stay in charming Gamla Stan, Bohemian Södermalm, exclusive Östermalm, or centrally in City, which is close to everything.

Book accommodations at www.visitstockholm.com

Clarion Hotel Stockholm

Clarion Hotel Stockholm is located in Södermalm – an area bristling with bars, restaurants and galleries. The hotel has 532 rooms with an international atmosphere, and its lobby bar and Upstairs Bar are popular with local Stockholmers and hotel guests alike. Whether you are here for business or pleasure, be inspired and enjoy the hotel's unique pulse and surroundings.

Located within the hotel are Elements Spa, a luxurious Ayurveda-inspired Spa, as well as Minami - an Asian fusion restaurant offering a menu composed of cuisine from India, China, Thailand, Japan, and Korea. Visit www.elementsspastockholm.com and www.minamistockholm.com for further information.

Address: Ringvägen 98 Public Transport: Skanstull Phone: +46 8 462 10 00

Internet: www.clarionstockholm.com

More Info: cl.stockholm@choice.se

Scandic Grand Central

Scandic Grand Central enjoys a classic location in Stockholm and the beautiful building is 130 years old. The hotel is situated in central Stockholm close to Stockholm's Central Station with rail, metro and bus links plus the Arlanda Express. Staying here, you're close to the finest shopping, restaurants and entertainment venues in Stockholm. It is an excellent base for exploring Stockholm's sights and attractions.

Address: Kungsgatan 70 Phone: +46 8 51 75 17 00

Internet: www.scandichotels.com/grandcentral

Vanadis Hotell & Bad

This modern budget hotel is ideally located in the city centre. Vanadis Hotell & Bad offers 67 comfortable and well-furnished rooms. Some rooms have shared toilets and showers.

Address: Sveavägen 142, Stockholm

Phone: +46 8 30 12 11

Internet: www.visitstockholm.com

Anno 1647

The friendly hotel Anno 1647 offers great views of the Old Town and the water. You can find this 18th century gem at Slussen, the heart of Stockholm, near the metro station. Amenities at the hotel include cable TV and internet connection.

Address: Mariagränd 3, Stockholm

Phone: +46 8 442 16 80

Internet: www.visitstockholm.com

Freys Hotel

Located right next to the Central Station, Freys Hotel offers 124 comfortable rooms in a charming style. In the surrounding area you can find the main shopping areas and popular attractions. This hotel is great for both business and leisure.

Address: Bryggargatan 12, Stockholm

Phone: +46 8 506 213 00



Internet: www.visitstockholm.com

2kronor Hotel CITY

2kronor Hotel CITY is a cosy hotel located near the main shopping street, Drottninggatan. All rooms are individually furnished and all guests have access to free WiFi. In the morning you can enjoy a small breakfast buffet.

Address: Kammakargatan 62, Stockholm

Phone: +46 8 796 96 00 Internet: www.visitstockholm.com

First Hotel Amaranten

First Hotel Amaranten is located only a few minutes walk from the Central Station. This modern hotel has a welcoming atmosphere and an exclusive interior.

Amenities at the hotel include WiFi, a pool, gym and sauna. If you are hungry the hotel also offers a restaurant.

Address: Kungsholmsgatan 31, Stockholm Internet: www.visitstockholm.com

Mornington Hotel Stockholm City

Experience the tranquility of the Östermalm close to the pulse around Stureplan. 221 newly renovated and bright rooms. Restaurant & Bar and a Lobby—a natural meeting place with over 4000 books. Outdoor seating in the courtyard with a peaceful and relaxing oasis, often with BBQ. Here you can also find a health club with sauna and modern fitness equipment.

Address: Nybrogatan 53

Public Transport: T-station Östermalmstorg

Phone: +46 8 507 330 00 Internet: www.mornington.se

Courtyard by Marriott Stockholm

The Courtyard by Marriott Stockholm is a new and contemporary hotel offering 278 spacious rooms, non smaller than 26 sq m, and 1060 sq m top modern meeting facilities all with natural daylight. The hotel is located on the island of Kungsholmen with easy access from both airports and the Rålambshovs Park directly across the street. Restaurant BJÖRK Bar & Grill serves

Swedish traditional food with and international twist all in a relaxed and innovative setting. Fridays are popular for after work and from 17:00 our house DJ is playing music in our bar. On Sundays we serve brunch from 12:00-16:00. 20th April we open up our terrass with an addittional 80 seats. Underground secure parking is available in the hotel.

Address: Rålambshovsleden 50 Phone: +46 8 441 31 00

Internet: www.courtyardstockholm.com

Columbus Hotell

Columbus Hotel is a three-star hotel located in a beautiful building from 1780. You can find us on Södermalm in the central parts of Stockholm within walking distance of Old Town. In our immediate surroundings you can find the area SoFo with a large range of pubs, restaurants, theaters, cafes and small shops. Columbus Hotel is located 250m from the Medborgarplatsens metro station.

Address: Tjärhovsgatan 11 Phone: +46 8 503 112 00 Internet: www.columbushotell.se

Central Hotel

Stay in comfortable and modern rooms right in the city center next to Arlanda Express. Central Hotel is a cozy hotel with a personal athmosphere. The hotel has free Wi-Fi in all rooms and a courtyard where you can enjoy breakfast in the summertime.

Address: Vasagatan 38
Phone: + 46 8 566 208 00
Internet: www.profilhotels.se
More Info: centralhotel@profilhotels.se

Hotel Riddargatan

Hotel Riddargatan offers a modern accommodation with trendy rooms and four exclusive design suites, right next to the pulse of famous square Stureplan. Here you will find an international and personal environment with high standards and service.

Address: Riddargatan 14



Phone: +46 8 555 730 00 Internet: www.profilhotels.se

 $More\ Info: hotelriddargatan@profilhotels.se$

Clarion Hotel Sign

Stockholm's largest hotel is located in the heart of Stockholm city adjacent to the Central Station and Arlanda Express as well as near all the best of Stockholm's favourite spots. The 558 rooms are furnished with classic icons in Scandinavian design. Choose between a rom with a view of the park or a room facing the tranquil courtyard. The eighth floor of the hotel holds Selma CitySpa+, a spa with spa treatments, gym, sauna and a heated outdoor pool. Enjoy the culinary delights from Sweden in combination with the Manhattan pulse at the restaurant Aquavit Grill & Raw Bar.

Address: Östra Järnvägsgatan 35 Public Transport: T-centralen Phone: +46 8 676 98 00 Internet: www.clarionsign.com

More Info: cl.sign@choice.se

Nobis Hotel

Occupying a prime spot at Norrmalmstorg square, the single most central and attractive location in downtown Stockholm, Nobis Hotel is an independent, 201-room first class hotel. Our public area features our Italian restaurant Caina, our spacious lounge, The Gold Bar and a smaller bistro.

Address: Norrmalmstorg 2 Phone: +46 8 614 10 00 Internet: www.nobishotel.com

Hotel Skeppsholmen

Hotel Skeppsholmen is an urban oasis where you can truly charge your batteries after demanding business meetings or a full day of exploring the capital's many tourist attractions. We have 81 stylish hotel rooms, are a member of Design Hotels and are ecolabelled.

Address: Gröna gången 1 Phone: +46 8 407 23 00 Internet: www.hotelskeppsholmen.se

SPA & FITNESS



Photo: Henrik Trygg - Grinda

Don't miss a classic Swedish massage while in Sweden, known simply as a classic massage in Swedish. Swedes are generally considered health-conscious and nature-loving, and Stockholm County offers a broad selection of spa and fitness facilities.

Find even more tips at www.visitstockholm.com/en/To-Do/Activities/

Sturebadet

A visit to Sturebadet is an experience for both your body and mind. In addition to the well preserved architecture there are also many ways you can spoil yourself. Visit our website for more information. Visiting Sturebadet is mind changing which is something that all our members and guests can certify. Now we welcome you to us to experience the most exclusive spa in Stockholm.

Address: Sturegallerian 36 Phone: +46 8 545 015 00 Internet: www.sturebadet.se



ESSENTIAL INFORMATION



Photo: SBR - Djurgården

Arlanda Express



The Arlanda Express is the fastest and most environmentally friendly way to travel between Arlanda Airport and Stockholm City. Trains leave every 15 minutes,

and the journey takes only 20 minutes. Buy your ticket at one of our ticket-vending machines or from the manned ticket counters at Stockholm Central Station and Arlanda Airport. Save time – buy your ticket in advance on our site.

Phone: +46 771 720 200

Internet: www.arlandaexpress.com

More Info: info@atrain.se. Timetable to your mobile:

http://m.arlandaexpress.com

Exchange Office

FOREX Bank is since 1965 the Scandinavian market leader in foreign currencies. Since mid-2003 FOREX Bank also offers a growing range of other banking services deposits, loans, payment services, transaction services and credit and debit cards. FOREX Bank is centrally located throughout Scandinavia with more than 130 branches. At FOREX Bank you can buy foreign currency free of charge, at hours that suit you.

Phone: +46 200 222 220 Internet: www.forex.se

Stockholm Tourist Center

At Stockholm Tourist Center, located across from Stockholm Central Station, you will find personalized service and assistance with any aspect of your visit. Visit the different islands in the tourist office to find inspiration for the various things to see and experience in Stockholm.

We are happy to help you book lodging and sightseeing tours, provide directions and offer tips about ongoing events and activities. You can also book and pick up prepaid tickets and purchase a Stockholm Card at the Stockholm Tourist Center. We have free WiFi. Come in for more information!

Address: Vasagatan 14, Stockholm

Public Transport: T-Centralen

Opening hours: Daily. Closed: December 24-25, January 1.

Phone: +46 8 508 28 508 Internet: www.visitstockholm.com Email: touristinfo@stockholm.se

More Info: www.facebook.com/visitstockholm

The Stockholm Card

The smart way to discover Stockholm

- ☐ Free entry to more than 80 museums & attractions
- Free public transportation
- Free sightseeing

The Stockholm Card saves you time and money. You will not need to make cash or card payments at entrances or on public transportation. Discover museums, attractions, sightseeing tours and other gems that you had no idea existed. A card for all ages.

Smart, convenient and affordable!

Internet: www.visitstockholm.com/stockholmcard

Post Office

'Posten' no longer has post offices. Stamps are available



for purchase at most kiosks, newsstands and convenience stores. Ask at the cash register.

Pharmacy

Apoteket C W Scheele:

Address: Klarabergsgatan 64, Stockholm Opening hours: Open round the clock Phone: +46 77 145 04 50

Telephone

Country Code: +46

Internet: www.apoteket.se

Area Code: 08

Electricity

220V/50Hz

CAMPING



Ängby Camping (through SCR)

Welcome to Ängby Camping. Ängby Camping is open year-round and is "family friendly".

Address: Blackebergsvägen 25, 16850 Bromma Opening hours: 31 December to 30 December

Phone: 08-37 04 20

Internet: http://www.camping.se/en/campings/2580/angby-camping/

Skansholmens Camping (through SCR)

Skansholmen has a small family campsite in hilly terrain on a ridge with views of Lake Saltsjön from all sides. There are approx 60 pitches, all of which have electricity. Address: Skansholmen-Mörkö, 15393 Mörkö Opening hours: 14 April to 14 September

Phone: 08-551 550 66

Internet:

http://www.camping.se/en/campings/2601/skansholmens-camping/

Mariefreds Camping (through SCR)

Mariefreds Camping is a quiet family campsite, beautifully situated on the shore of Lake Mälaren with a view over Gripholmsviken bay and Gripsholm Castle.

Address: Strandbadet, 64793 Mariefred Opening hours: 25 April to 14 September

Phone: 0159-135 30

Internet:

http://www.camping.se/en/campings/2611/mariefreds-camping/

Gålö Havsbad (through SCR)

As well as favourable accommodation, we offer lots of scenic experiences.

Address: Skälåkersvägen 11, 13796 Gålö Opening hours: 30 April to 29 September

Phone: 08-500 338 80

Internet: http://www.camping.se/en/campings/2612/galo-havsbad/

Trosa Havsbads Camping (through SCR)

Service-shop, gas, child-friendly sandy beach, fishing, boats, cafeteria.

Address: Rävuddsvägen 42, 61931 Trosa Opening hours: 18 April to 28 September

Phone: 0156-124 94

nternet

http://www.camping.se/en/campings/2623/trosa-havsbads-camping/

ArrivalGuides the world's largest network of destination information

TRANSPORT



akasped

Below you can find the best ways to get to and around the city.

Arlanda Express



The Arlanda Express is the fastest and most environmentally friendly way to travel between Arlanda Airport and Stockholm City. Trains leave every 15 minutes,

and the journey takes only 20 minutes. Buy your ticket at one of our ticket-vending machines or from the manned ticket counters at Stockholm Central Station and Arlanda Airport. Save time – buy your ticket in advance on our site.

Phone: +46 771 720 200 Internet: www.arlandaexpress.com More Info: info@atrain.se. Timetable to your mobile: http://m.arlandaexpress.com

Airports

Stockholm has four airports. Stockholm Arlanda Airport is the biggest international airport, and Bromma is closest to the city. Skavsta and Västerås are located about 80 minutes south and west of Stockholm, respectively.

Arlanda Airport, www.swedavia.com/arlanda/ Bromma Airport, www.swedavia.com/bromma/ Skavsta Airport, www.skavsta.se Västerås Airport, www.stockholmvasteras.se The fastest way to travel between Stockholm and Arlanda is via the Arlanda Express. The train takes 20 minutes and costs about SEK220 per person. Two bus companies, Swebus and Flygbussarna, serve all four airports. The bus from Arlanda costs about SEK100 and takes 45 minutes.

From Bromma, the bus costs about SEK80 and takes about 20 minutes; from Skavsta and Västerås, it costs about SEK150 and takes about 80 minutes. You can also get to Stockholm Arlanda Airport via public transportation (SL) or using the Stockholm Card with the purchase of a supplementary ticket.

Arlanda Express, www.arlandaexpress.com
Flygbussarna, www.flygbussarna.se
Swebus, www.swebus.se
SL, www.sl.se
The Stockholm Card,
www.visitstockholm.com/stockholmcard

Address: Stockholm Arlanda Airport, Stockholm More Info: Prices updated December 2013

Public transportation

Storstockholms Lokaltrafik, SL, is in charge of all public transportation services in Stockholm County. Stockholm is divided into three zones and tickets are valid for transfers within one hour. Tickets cannot be purchased with cash on the bus. Purchase tickets from ticket machines, in subway stations, at Pressbyrå convenience stores or the SL Center in Sergels Torg Square. You can purchase a 1, 3 or 7-day card.

Another alternative is the Stockholm Card. The card includes free public transportation and boat sightseeing, as well as free entry to 80 museums and attractions.

SL, www.sl.se
The Stockholm Card,
www.visitstockholm.com/stockholmcard



Taxi

Licensed taxis always display yellow number signs. Several independent companies exist in addition to the major taxi companies. Be careful when prices are not regulated. It costs around SEK550 to take a taxi from Stockholm Arlanda Airport to Stockholm. We recommend the following:

Taxi Stockholm, www.taxistockholm.se Taxi 020, www.taxi020.se Taxi Kurir, www.taxikurir.se Taxi Transfer, www.transfer.se

More Info: Prices updated December 2013





| Adolf Fredriks Kyrkogata | A1 | Järntorget | В3 | Renstiernas gata | C4 |
|--------------------------|----------|-----------------------|-------|-------------------------|----------|
| Amiralsvägen | D3 | Kammakargatan | A1 | Repslagargatan | B4 |
| Apelbergsgatan | A1 | Kaptensgatan | C2 | Riddargatan | C1 C2 D2 |
| Arsenalsgatan | B2 | Karduansmakargatan | A2 B2 | Riddarhustorget | B3 |
| Artillerigatan | C1 | Karl Johans torg | B3 C3 | Riksgatan | B2 B3 |
| Banérgatan | D1 D2 | Karl XII:s torg | B2 | Rosenlundsgatan | A4 |
| Barnhusgatan | A1 | Karlaplan | D1 | Rådmansgatan | A1 |
| Bastugatan | A4 | Karlavägen | C1 D1 | Rödbodtorget | A2 |
| Bellmansgatan | B4 | Katarinavägen | C4 | Saltmätargatan | A1 |
| Biblioteksg | B1 | Klara Norra Kyrkogata | A1 A2 | Sankt Paulsgatan | B4 |
| Birger Jarls torg | A3 B3 | Klarabergsgatan | A2 | Sergels torg | A2 B2 |
| Birger Jarlsgatan | B1 | Klarabergsviadukten | A2 | Sibyllegatan | C1 |
| Björngårdsgatan | B4 | Kocksgatan | C4 | Sjöbergsplan | B3 |
| Borgmästargatan | D4 | Kommendörsgatan | C1 | Skeppargatan | C1 D1 |
| Brahegatan | C1 | Kornhamns torg | B3 | Skeppsbrokajen | C3 |
| Brunkebergstorg | B2 | Krukmakargatan | A4 | Skeppsbron | C3 |
| Brunnsgatan | B1 | Kungsbron | A2 | Slottskajen | B2 B3 |
| Bryggargatan | A2 | Kungsgatan | A1 B1 | Slussen | B4 |
| Brännkyrkagatan | A4 | Kungsträdgårdsgatan | B2 | Slussplan | B3 |
| Centralbron | A2 A3 B3 | Kvarngatan | B4 | Slussterrassen | B3 |
| Centralplan | A2 | Köpmantorget | B3 C3 | Slöjdgatan | A1 A2 |
| Djurgårdsvägen | D2 | Linnégatan | C1 D1 | Smålandsgatan | B2 |
| Drottninggatan | A1 A2 | Luntmakargatan | A1 | Stadsgårdshamnen | D4 |
| Engelbrektsgatan | B1 | Lutzengatan | D1 | Stadsgårdsleden | C4 |
| Engelbrektsplan | B1 | Lästmakargatan | B1 | Stadshusbron | A2 |
| Exercisplan | C3 | Malmskillnadsgatan | B1 | Stallgatan | C2 |
| Fjällgatan | C4 D4 | Malmtorgsgatan | B2 | Stigbergsgatan | C4 D4 |
| Folkungagatan | C4 D4 | Maria Prästgårdsgata | A4 | Stora Nygatan | В3 |
| Fredsgatan | B2 | Maria Skolgata | A4 | Storgatan | D1 D2 |
| Gamla Brogatan | A1 A2 | Mariatorget | A4 B4 | Stortorget | В3 |
| Grev Magnigatan | D1 D2 | Medborgarplatsen | В4 | Strandvägen | C2 D2 |
| Grev Turegatan | B1 C1 | Mosebacke torg | B4 C4 | Strömbron | B2 |
| Grevgatan | C1 D1 | Munkbroleden | В3 | Strömgatan | B2 |
| Guldfjärdsplan | В4 | Munkbron | В3 | Sturegatan | B1 C1 |
| Gustav Adolfs torg | B2 | Mynttorget | В3 | Stureplan | B1 |
| Götgatan | В4 | Mäster Samuelsgatan | A2 B1 | Styrmansgatan | C2 D1 |
| Hamngatan | B2 | Narvavägen | D1 | Sveavägen | A1 B2 |
| Herkulesgatan | A2 B2 | Norra Bantorget | A1 | Svensksundsvägen | C3 |
| Holländargatan | A1 | Norrbro | B2 | Swedenborgsgatan | A4 B4 |
| Holmamiralens torg | C3 D3 | Norrlandsgatan | B1 B2 | Söder Mälarstrand | A4 |
| Hornsgatan | A4 B4 | Norrmalmstorg | B2 | Söderledstunneln | В4 |
| Humlegårdsgatan | B1 C1 | Nybergsgatan | C1 | Södermalmstorg | В4 |
| Högbergsgatan | A4 B4 C4 | Nybrogatan | C1 | Södra Blasieholmshamnen | B2 C2 |
| Hötorget | A1 | Nybrokajen | C2 | Tavastgatan | A4 |
| Jakobsbergsgatan | B1 | Nybroplan | C2 | Tegelbacken | A2 |
| Jakobsgatan | B2 | Nytorgsgatan | C4 | Tegnérgatan | A1 |
| Johannesgatan | B1 | Olof Palmes gata | A1 | Timmermansgatan | A4 |
| Johannesplan | A1 B1 | Oxtorget | B1 | Tjärhovsgatan | C4 |
| Jungfrugatan | C1 | Regeringsgatan | B1 B2 | Tjärhovsplan | C4 D4 |
| | | | | | |



| Torkel Knutssonsgatan | A4 | Vattugatan | A2 B2 | Wollmar Yxkullsgatan | A4 |
|-----------------------|-------|-----------------------|-------|----------------------|-------|
| Tyghusplan | C3 | Värtavägen | D1 | Åsögatan | D4 |
| Upplandsgatan | A1 | Västerlånggatan | В3 | Österlånggatan | В3 |
| Valhallavägen | D1 | Västra Trädgårdsgatan | B2 | Östermalmstorg | C1 |
| Vasabron | A2 B3 | Wallingatan | A1 | Östgötagatan | C4 |
| Vasagatan | A2 | Wittstocksgatan | D1 | Östra Järnvägsgatan | A1 A2 |