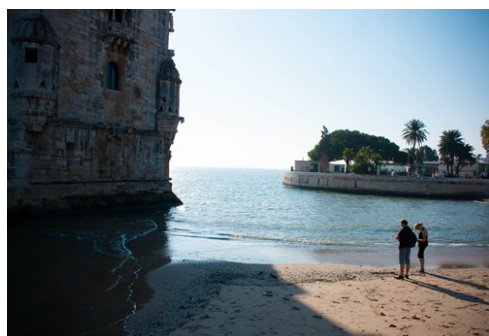




Lisbon

Photo: luca.sartoni



Alexander Savin



Lola Titcombe



Photo: Rustam Aliyev

Lisbon basks in the sun reflecting off the Tejo River and quickly seduces most visitors. The mixture of history and modernity, of small town and metropolis, of the antiquated and the shining new is irresistible. Add excellent shopping, late but safe night life and restaurants with Europe's best fish, and you have Lisbon in a nutshell.



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Top 5

Castelo De São Jorge

Castelo de São Jorge is one of the oldest structures in Lisbon. This was once a fortress (taken by the Moors in 1147), and now...



Mosteiro Dos Jerónimos

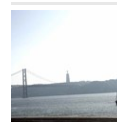
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Fundação Gulbenkian

The largest single cultural institution in Portugal was founded in 1955 when Calouste Gulbenkian, the Armenian oil millionaire...



Parque Das Nações

The area where Expo 98 was held has been successfully transformed into a cen...



THE CITY



Photo: Rustam Aliyev

Lisbon's heart lies beside the river, even if the city has grown in all directions. Sit down at a pavement café on Rossio Square and you will see the Baixa, the flat city centre that dates from the 18th century, between yourself and the river bank. Look up in one direction and you will see the São Jorge on the top of a hill. Look in the other direction and you will see the ruin of the Carmo Church on another hill. Walk, or take a tram to one of them and you will discover the quarters of old Lisbon, most of them with a magnificent view of the rest of the city and the river.

Wander north from Rossio, you will soon end up on a stately 19th century avenue, in the part of the city which is still called "Avenidas Novas". Further north, the buildings become really new, with the city's two large football grounds, Luz and Alvalade, and lastly the airport which is twenty traffic-jam-free minutes in a car from Rossi. Most of the best sights, restaurants and nightlife are situated along the river. The shopping is good along the Avenidas Novas, but otherwise the rule is to keep close to the river to get the best out of your visit.

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DO & SEE



Photo: Pedro Ribeiro Simões

Most of the best sights, restaurants and nightlife are situated along the river. There are plenty of things to do and see in Lisbon. Below are a few suggestions on how to spend your time here:

Castelo De São Jorge

Castelo de São Jorge is one of the oldest structures in Lisbon. This was once a fortress (taken by the Moors in 1147), and now a must-see landmark with fantastic views of the city.

Address: Castelo de São Jorge, Lisbon
Phone: +351 218 800 620
Internet: www.castelodesaojorge.pt

Mosteiro Dos Jerónimos



In Belém, situated west of the city along the river, lies Lisbon's and possibly Portugal's most important historical monument. Here you can see an opulent church and

cloistered garden built in the elegant Manuelian style at the beginning of the 16th century when Portugal was a great sea-going power. There are several other sights close by.

Address: Praça do Império, Lisbon
Phone: +351 213 620 034
Internet: www.mosteirojeronimos.pt

National Tile Museum

National Tile Museum is devoted to the tiles which are so typical in Portugal, housed in a monastery whose varying building styles and decoration gives a good summary of the country's history. One of the high points is an enormous tiled fresco which shows Lisbon as it was just before the big earthquake in 1755.

Address: Rua da Madre de Deus 4, Lisbon
Phone: +351 218 100 340
Internet: www.patrimoniocultural.pt

Fundação Gulbenkian

The largest single cultural institution in Portugal was founded in 1955 when Calouste Gulbenkian, the Armenian oil millionaire, donated his estate to the country that had welcomed him during World War II. The museum, constructed in 1969, which houses his extensive collections, is part of a larger complex that includes concert halls, a park, restaurants and a museum of modern art.

Address: Av. de Berna, 45A, Lisbon
Opening hours: Closed on Mondays and public holidays
Phone: +351 217 823 000
Internet: www.gulbenkian.pt
Email: info@gulbenkian.pt

Parque Das Nações



The area where Expo 98 was held has been successfully transformed into a centre for exhibitions, leisure and culture. The extensive amount of building since the Expo almost overshadows pearls such as Siza Vieira's Portugal pavilion and Santiago Calatrava's adjacent Oriente Station.

Address: Avenida Dom João II, Lisbon
Phone: +351 218 919 898
Internet: www.portaldasnacoes.pt

Oceanario de Lisboa

This is one of the biggest aquariums in Europe and it shows more than 100 different species. Some of the animals that are exposed here are barracudas, tuna, sharks, rays and one of the most popular attractions is a large sunfish. This is an adventure for all ages.

Address: Esplanada D. Carlos I, Doca dos Olivais, Lisbon
Opening hours: Opening hours may vary depending on season
Phone: +351 218 917 000
Internet: www.oceanario.pt
Email: info@oceanario.pt

Surfing

When you are tired of the city vibe and long for the sea, surfing could be a good way to relax and do something else for a while a while. One of the surfing companies located in the city is Epic Surf School, which holds courses for both beginners and advanced.

Address: Praça João do Rio, N° 7, 4° Direito, Lisbon
Phone: +351 962 769 236
Internet: www.epicsurfschool.pt
Email: info@epicsurfschool.pt

Igreja de Sao Roque

The Jesuits built this church in 1574 and its interior is breathtaking. One of the world's most expensive chapels, covered in gemstones, marble, mosaics, gold, silver and bronze, is to be found here. It was built by 130 artists in Rome, and then transported to Lisbon after the blessing of the pope.

Address: Largo Trindade Coelho, Bairro Alto, Lisbon
Phone: +351 213 235 065
Internet: www.museu-saoroque.com

Miradouro Sao Pedro de Alcantara



To get a panoramic view of the city you can take the Gloria Elevator from Rua de Sao Pedro de Alcantara up to the garden, Miradouro Sao Pedro de Alcantara. Here you

can take a stroll between sculptures and busts of heroes and gods from Greco-Roman mythology.

Address: Rua de Sao Pedro de Alcantara, Lisbon

Cascais

For a day out of the city you can take the train to the former fishing village of Cascais. Here you can stroll on the beautiful decorated streets, experience the lively fish auction held every afternoon next to the main beach, visit "Museu do Mar" to see the rich history of Cascais or take a refreshing walk along the coastal road to Boca do Inferno ("Mouth of Hell") where high waves crash into gigantic caves.

Address: Cascais

Lisbon Zoo

Lisbon zoo is located right in the city centre and here you can see over 360 different species. There is always something happening in the park and this is a fun activity for both children and adults.

Address: Praça Marechal Humberto Delgado, Sete-Rios, Lisbon
Phone: +351 217 232 900
Internet: www.zoo.pt

Pavilhao do Conhecimento

This science centre is one of the remains of 1998 World Expo. It was first built to focus on the mysteries of the oceans, but today it provides permanent exhibitions in chemistry, physics and other science subjects, mainly for the younger crowd.

Address: Alameda dos Oceanos, Lisbon
Phone: +351 218 917 100
Internet: www.pavconhecimento.pt

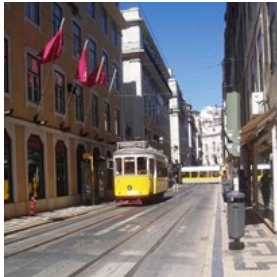
Palacio Fronteira

This Renaissance palace, still habited by the 12th Marquis of Fronteira, is shown to the public through guided tours. It was built as a hunting pavilion in 1670, for the first Marquis of Fronteira, one of the most powerful families in

Portugal, at that time.

Address: Largo de São Domingos de Benfica 1, Lisbon
Opening hours: Opening hours may vary depending on season
Phone: +351 217782023
Internet: www.frenteira-alorna.pt

Tram 28



The trams have transferred people through the city of Lisbon since 1873 and even if it today competes with the metro, it is still a perfect way to see the city and to get an overview. Tram number 28 is an old-fashioned vehicle that goes around town and you can hop on and off during your trip.

Internet: www.carris.pt
More Info: Starting point is square Praça Martim Moniz

Cristo Rei Statue

With inspiration from the famous statue in Rio de Janeiro, this 28 metres high Jesus Christ statue was built in 1959, as a memory for gratefully being saved from too much damage, during World War II. Take the elevator to the top and enjoy a stunning view of the city.

Address: Suedufer des Tejo, Lisbon
More Info: To get here, take the commuter ferry from Cais do Sodre Station across the river to Cacilhas. From there, buses go to a stop right next to the monument

Lisbon Escape Game

The Lisbon Escape Game is a great activity for 2-5 friends looking for an exciting and unusual activity when in Lisbon. You have 60 minutes to find your way out, are you game?

Address: Calçada Da Bica Grande, n6 3o, Lisbon
Phone: +351 925 250 652
Internet: www.lisbonescapegame.com

Miradouro da Senhora do Monte

Another great lookout is the one called Miradouro da Senhora do Monte. It is recommended to visit this lookout early in the morning or late at night when this magic city lights up right beneath your feet.

Address: Miradouro da Senhora do Monte, Lisbon

Lisboa Story Centre

If you want to learn the story of Lisbon, the quick way, you can visit the Lisboa Story Centre. The whole story takes 60 minutes, so it is easy to make time for it.

Address: Terreiro do Paco, 78- 81, Lisbon
Phone: +35 211 941 099
Internet: www.lisboastorycentre.pt

The Orient Museum

The highly recommended Orient Museum features beautiful items from Asia. Among the exhibition pieces you can find costumes, masks and ritual objects.

Address: Avenida Brasília, Doca de Alcântara, Lisbon
Phone: +35 213 585 200
Internet: www.museudoorient.pt

King Jose Statue

The King Jose Statue can be found right in the middle of Praça do Comercio. King Don Jose was king of Portugal when the devastating earthquake hit the town in 1755.

Address: Pracio del Comercio, Lisbon

DINING



Photo: Marijke Blazer

In Lisbon, you can find both modern, sophisticated restaurants and simple, traditional ones. In general, you will find the strongest Portuguese ambience in the simple, traditional places. Small, unpretentious restaurants are all over the place and do not require booking. At most of the restaurants below, it is safest to book a table. Many restaurants are closed on Sundays or Mondays.

Eleven

Eleven is one of the most sophisticated places that Lisbon can offer, featuring a sculpture by Joana Vasconcelos in the entrance and the post-modernistic box at the top of the Eduardo VII Park. The cuisine is supervised by Joachim Koerper, who has been awarded prizes by Guide Rouge and who has all of Iberia as his territory.

Address: Av. Marquês da Fronteira Jardim Amália, Lisbon
Internet: www.restauranteleven.com
Email: 11@restauranteleven.com

Bica Do Sapato

This trendy restaurant lives well on the fact that John Malkovich is one of the owners, but it is worth a visit even when he is not there. It is a retro-decor harbour warehouse with a dining room, bar, sushi department and a small pavement café. Excellent Portuguese and international cuisine is served here.

Address: Av. Infante D. Henrique, Armazém B Cais da Pedra a Sta Apolónia, Lisbon
Phone: +351 218 810 320

Internet: www.bicadosapato.com

Terreiro Do Paço

Terreiro Do Paço is a brasserie with pavement tables at street level, and a restaurant one floor up. Vitor Sobral uses the best Portuguese ingredients to cook a straight, simple menu downstairs, and a more imaginative, elaborate one upstairs.

Address: Praça do Comércio, Lisbon
Phone: +351 210 995 679
More Info: Lisboa Welcome Center

Martinho Da Arcada

This is one of Lisbon's oldest restaurants, with Fernando Pessoa as the most illustrious regular guest. Enjoy traditional Portuguese cuisine in a noisy dining room or on a pavement table in the arcade. This is a beautiful tiled café with price-worthy food.

Address: Praça do Comércio 3, Lisbon
Phone: +351 218 879 259
Internet: www.martinhodaarcada.pt

Casa Do Alentejo

Here you can enjoy a unique environment in a slightly dilapidated, neo-Moorish private palace two flights up from the street. The cuisine is simple traditional fare from the Alentejo region.

Address: Rua Portas de Santo Antão 58, Lisbon
Phone: +351 213 405 140

Cervejaria Trindade

This is one of the most historic and popular restaurants in Lisbon. Cervejaria Trindade is an ale-house restaurant with a well decorated and beautiful room. The restaurant offers Portuguese cuisine and has a nice mixture of people, locals, business people and, of course, tourists. Arrive early so you do not have to wait in line.

Address: Rua Nova da Trindade 20 C, Lisbon
Phone: +351 213 423 506
Internet: www.cervejariatrindade.pt

Cantinho Lusitano

The Cantinho Lusitano is the perfect restaurant for the indecisive. Choose from a menu with "petiscos", Portugal's type of Spanish tapas, and combine it with a glass of delicious wine. Reservation is recommended since the dining room is very small.

Address: Rua dos Prazeres, 52, Lisbon
Phone: +351 21 806 51 85
Internet: www.cantinholusitano.com

Alfaia Garrafeira

This restaurant is famous for its wide range of different wines but also serves delicious food. The dining room is small and the atmosphere is romantic. This is one of few restaurants in Lisbon providing WiFi.

Address: Rua Diario de Noticias 125, Lisbon
Phone: +351 213 433 079
Internet: www.garrafeiraalfaia.com

Belcanto

Soon after its opening in 1958, this restaurant became popular among the locals. At the beginning of 2012 it re-opened with a total new trendy look and interior and in November, the restaurant could celebrate its first Michelin star, earned through its imaginative and delicious cuisine.

Address: Largo de São Carlos, 10, Lisbon
Phone: + 351 21 342 06 07
Internet: www.joseavillez.pt
More Info: Reservation is recommended

Salgadeiras

Tucked at a back street in Bairro Alto, you find this restaurant that serves Portuguese dishes. Inside the walls of stone and the dining room with beautiful vaults, the setting is warm and cosy.

Address: Rua das Salgadeiras, 18, Lisbon
Phone: +351 21 342 11 57
Internet: www.assalgadeiras.no.sapo.pt

Cervejaria Ramiro

This is a small and often crowded restaurant, serving

mainly fish and seafood. Even if the interior can look quite simple at a first glance, the atmosphere here is cozy and warm, and delicious dishes leave the kitchen.

Address: Avenida Almirante Reis 1, Intendente, Lisbon
Phone: +351 21 885 10 24
Internet: www.cervejariaramiro.pt

100 Maneiras

At 100 Maneiras you can order a 10 course tasting menu and have it combined with delicious wines. The service is efficient and friendly and the setting romantic.

Address: Rua do Teixeira, 35, Lisbon
Opening hours: Daily
Internet: www.restaurante100maneiras.com

Assinatura

For a fine dining experience in Lisbon, Assinatura is a must visit. Located in the heart of the city, this urban restaurant serves top quality Portuguese dishes for both lunch and dinner.

Address: Rua Vale do Pereiro, 19 A, Lisbon
Phone: +351 21 386 76 96
Internet: www.assinatura.com.pt
Email: restaurante@assinatura.com.pt

Restaurante Zuari

At Restaurante Zuari, Indian cuisine is served with a warm heart. The owner, Orlando and his wife are from Goa, India, hence all the dishes are truly genuine.

Address: Rua Sao Joao da Mata, 41, Lisbon
Phone: +351 21 397 7149
Internet: www.amorapreta.wix.com/restaurante-zuari

Enoteca de Belém

This sophisticated restaurant is hidden away at a backstreet in the area of Belém. The menu offers flavourful dishes and a wide range of good wines. This place is also a good option for lunch.

Address: Travessa do Marta Pinto, 21, Lisbon
Phone: +350 363 15 11

Internet: www.travessadaermida.com

CAFES



Photo: Travis Modisette

After a day of sightseeing, a great place sit down is at a pavement café on Rossio Square. From here you will see the Baixa, the flat city centre that dates from the 18th century, between yourself and the river bank.

Nicola

This is a fashionable café with good pavement tables where you can look at the people around Rossio Square. There has been a café here since the 18th century, but the current art deco decor dates from 1929. There is also a restaurant in the cellar.

Address: Largo do Rossio, Praça Dom Pedro IV, 24-25, Lisbon
Phone: +351 213 460 579
Internet: www.restaurantenicola.pt

A Brasileira

A Brasileira is a famous and classic café in Lisbon with magnificent, dark panelled interior dating from 1905. They have a newspaper and tobacco kiosk, and pavement tables which are looked at just as much as they are a vantage point.

Address: Rua Garrett 120, Lisbon
Phone: +351 213 469 541

Antiga Confeitaria De Belém



This is the home to Lisbon's most famous cake; a custard bun called Pastel de Belém here, pastel de nata, in other places, and the perfect accompaniment to a bica - the Portuguese espresso. The recipe is said to have come from the monks in the adjacent Jerónimo monastery, and its secret is preserved by three bakers who bake them every morning behind locked and barred doors. About 10,000 a day get eaten!

Address: Rua de Belém 84, Lisbon
Phone: +351 213 637 423
Internet: www.pasteisdebelem.pt

Pastelaria Suica

This popular café is a favourite among many due to its history and the wide variety of pastries, cakes and fruit juices. The café was founded in 1922 and is located on one of the city's busiest squares, Rossio. They have also an outside terrace where you can sit and enjoy the sun and your coffee.

Address: Prç. D. Pedro IV Rossio, 96 a 104, Lisbon
Phone: +351 213 21 40 90
Internet: www.casasuica.pt

Cafe No Chiado

This café is located between Teatro de S. Carlos (Opera House) and Teatro de S. Luis (City Theatre). Here you can have lunch, tea or dinner. The atmosphere is described as cosy and you can enjoy your food or drink in the outdoor restaurant, if the weather permits.

Address: Largo do Picadeiro 10, Lisbon
Phone: +351 213 460 501
Internet: www.cafenochiado.com

BARS & NIGHTLIFE



Photo: Retinafunk

Lisbon is a city that takes its nightlife seriously. Shortly after midnight, it is best to move down towards the river and the larger clubs along the Avenida 24 de Julho, to the Docas area and Alcântara, where the coolest dance floors are never filled before two in the morning.

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Chafariz Do Vinho

This is still the best place to sample Portuguese wine, either at the small pavement café or in the cool interior - a monumental former water supply depot. A brief food menu complements the long wine list.

Address: Rua da Mãe de Água à Praça da Alegria, Lisbon

Phone: +351 213 422 079

Internet: www.chafarizdovinho.com

Kremlin

This is one of the city's most eccentric discotheques, which manages to attract hordes of young Portuguese people and tourists, who preferably dance to Techno and Acid House. It has previously been voted as one of the

best clubs in Europe.

Phone: +351 21 393 29 31

Internet: www.grupo-k.pt

Lux

People who hang out in smaller bars like to regard themselves as alternatives, and turn up their noses at the larger clubs with commercial music and a sea of dancers. However, everybody meets at Lux, the city's ultimate night club.

Address: Avenida Infante Dom Henrique, Lisbon

Phone: +351 21 882 08 90

Internet: www.luxfragil.com

Belém Bar Café

Belém Bar Café is a sophisticated bar/club/restaurant that offers a fun night if you want to go clubbing. The music played here is commercial house, R&B and Hip Hop.

Address: Av. Brasília, Pavilhão Poente, Lisbon

Phone: +351 213 624 232

Internet: www.belembarcafe.com

Bar A Parodia

This bar is claimed to be a must-visit. It has a cosy atmosphere, dark furniture and candles on the tables. There are about 50 different types of cocktails waiting for you.

Address: Rua Do Patrocinio, 26-B, Lisbon

Phone: +35 21 396 47 24

Internet: www.aparodia.com

Matiz Pombalina Bar

The cosy Matiz Pombalina Bar is a good place for tasty drinks and snacks. The cocktail list goes on and on, so you will most probably find one that appeals to you.

Address: Rua das Trinas 25, Lisbon

Phone: +35 1214 0437 03

Internet: www.matiz-pombalina.pt

Adufe Bar - Sons do Mundo

At Adufe Bar you can listen to world music and feel right at home. It is located right in the heart of Lisbon and offers an excellent atmosphere.

Address: Beco do Arco Escuro, 1, Lisbon
Internet: www.adufebar.com

Bar Foxtrot

Bar Foxtrot is claimed to be the best kept secret in Lisbon. Its art nouveau interior takes you years back in time. Here you can eat dinner until the wee hours as the kitchen is open late.

Address: Travessa de Santa Teresa 28, Bairro Alto, Lisbon
Phone: +351213952697
Internet: www.barfoxtrot.com

Quero-te no Cais

For a little bar, there is much going on here. Quero-te no Cais is full of people, great drinks and music. Hence, this place is claimed to be a must-go when in Lisbon.

Address: Rua dos Remolares, 41, Cais do Sodré, Lisbon
Phone: +351 21 342 5309

Hot Club Portugal

The Hot Club Portugal is one of the most famous and oldest jazz clubs in Lisbon. Famous musicians, such as Mark Turner, from all over the world have entered the stage here.

Address: Praça da Alegria, 48, Lisbon
Phone: +351 2136 19740
Internet: www.hcp.pt

Matiz Pombalina Bar

This place is a great bar to relax over a mojito or two while listening to smooth jazz. You can find it in the western part of the city centre.

Address: Rua das Trinas 25, Lisbon
Phone: +351 21404 3703
Internet: www.matiz-pombalina.pt

Dock's Club

The large crowd at Dock's Club dance to the beats of both pop and trance. Let your hair down and get lost in the night together with a whole bunch of party animals.

Address: Rua da cintura do porto de lisboa, Lisbon
Phone: +351 965 882 581

Fragil

Fragil opened in 1983 and is one of the nightlife landmarks in Lisbon. This place is very popular on Saturdays when a mixed crowd of people enter the scene.

Address: Rua da Atalaia, 128, Bairro Alto, Lisbon
Phone: +351 21 346 9578
Internet: www.fragil.com.pt

Incognito

Incognito bar is a great place to go for the alternative, indie and synth pop crowd. Here you can party hard or chill out in a friendly atmosphere.

Address: Rua dos Polais de São Bento, 37, Bairro Alto, Lisbon
Internet: www.incognitobar.com

Main

At Main you can find the 20's and 30's crowd party. The club is divided into three areas: AIR (the roof), MAIN ROOM (the club) and ZERO. You can choose area depending on your mood and preferences.

Address: Avenida 24 de Julho, 68, Lisbon
Phone: +351 961 553 745
Internet: www.mainlisbon.pt

Musicbox

In the red light district of Cais do Sodré you can find Musicbox. This hotspot offers concerts, DJ's and other events. See the website for upcoming events.

Address: Rua Nova Do Carvalho, 24, Lisbon
Internet: www.musicboxlisboa.com

Ministerium

If you want to listen to international DJ's you can go to

Ministerium on a Saturday night. Here you can dance your shoes off under the vaulted ceilings.

Address: Terreiro do Paço Ala Nascente 72-73, Lisbon
Internet: www.ministerium.pt

SHOPPING

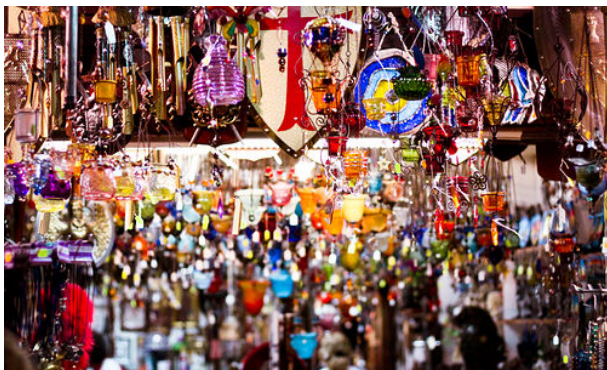


Photo: Alexander Persona Grata

A lot of the shopping in Lisbon is now housed in enormous shopping centres such as Colombo and Amoreiras, or in smaller gallerias. The city's old centre, Baixa, retains its identity as a traditional shopping district, where you walk on the streets (some of them traffic-free) between the shops, with the sun in your face.

Chiado is close to Baixa, and has the reputation of being the city's finest shopping district. Chiado successfully manages to combine the gallery model with open shopping, blending the best of both worlds.

Santos Ofícios Artesanatos

This store houses the best examples of Portuguese traditional art and handicrafts, without the usual tiresome tourist range at your heels.

Address: Rua da Madalena 87, Lisbon
Phone: +351 21 8872031
Internet: www.santosoficios-artesanato.pt

Fátima Lopes

Fátima Lopes is one of Portugal's most successful designers, whose clothes are famed for their in-your-face sexiness. Her shop is also a workshop and a bar, with late

hours.

Address: Rua da Atalaia 36, Lisbon
Phone: +351 21 325 98 28
Internet: www.fatima-lopes.com

Coisas Do Arco Do Vinho

Their scale and selection make them the best wine shop in Lisbon, especially in regards to Port wine. Literature and all kinds of wine accessories are also on sale.

Address: Rua Bartolomeu Dias Loja 7, Lisbon
Phone: +351 213 642 031
Internet: www.coisasdoarcodovinho.pt
More Info: Located next to the Centro Cultural de Belém

El Corte Inglés

Lisbon's only true department store is Spanish, but the Portuguese put aside their suspicions of their larger neighbour here. The range of goods is quite varied, with international brands and a number of Portuguese designers, together with the store's own low-price lines. There is a large food hall and gourmet shop downstairs, restaurants and cinemas – and direct access to the Underground.

Address: Avenida António Augusto de Aguiar 31, Lisbon
Phone: +351 213 711 700
Internet: www.elcorteingles.pt

Baixa

The city's old centre, Baixa, retains its identity as a traditional shopping district, where you walk on the streets (some of them traffic-free) between the shops, with the sun in your face.

Address: Baixa, Lisbon

Centro Colombo

Centro Colombo is in fact one of the largest malls in Europe. Here you can find more than 60 restaurants, a cinema, fitness club and much more. This is also the only place where you can find an IMAX theatre in Portugal.

Address: Avenida Lusfada, Lisbon
Phone: +351 21 711 3600
Internet: www.colombo.pt

Amoreiras Shopping Centre

Amoreiras Shopping Centre dates back to 1985 and is today one of Lisbon's most famous icons. You can find it in the centre of the city. This is the perfect place to pick up the latest fashion trends.

Address: Av. Eng. Duarte Pacheco, loja, Lisbon
Opening hours: 10 am-11 pm
Phone: +35 213 810 200
Internet: www.amoreiras.com

Chiado

Chiado is close to Baixa, and has the reputation of being the city's finest shopping district. Chiado successfully manages to combine the gallery model with open shopping, blending the best of both worlds.

Address: Chiado, Lisbon

Centro Vasco da Gama

This ocean themed shopping centre with over 170 stores has everything you need for a solid shopping spree. Besides the 170 stores, you can also find restaurants and a cinema here.

Address: Av. D. João II, n° 40, Lisbon
Phone: +35 21 893 06 00
Internet: www.centrovascodagama.pt

Good Buys



When in Lisbon, what to buy? Maybe you want to buy something for yourself or for someone else. Either way there are a few safe bets to look for. Go in for cork

designs, gourmet food, crafts, soaps, shoes and if your wallet allows, gold.

Armazéns do Chiado

Armazéns do Chiado is somewhat smaller than the major shopping centres, but still very popular. It offers a high quality shopping experience in a building that dates back to the 12th century.

Address: Rua do Carmo, 2, Lisbon
Phone: +351 213 210 600
Internet: www.armazensdochiado.com

Luvaria Ulisses

This cute little glove shop is so small that it only fits a couple of people at the same time. If you want to find a timeless pair of gloves, Luvaria Ulisses is the place to go.

Address: Rua do Carmo, 87-A, Lisbon
Phone: +351 213420295
Internet: www.luvariaulisses.com

Cork & Co

Lisbon is famous for its cork, and here you can see that almost anything can be made of this fantastic material. Here you can shop bags, aprons, jewellery and much more.

Address: Rua das Salgadeiras, 10, Lisbon
Internet: www.corkandcompany.pt

A Vida Portuguesa

A Vida Portuguesa is claimed to be one of the most famous shops in the city. Here you can buy Portuguese soap and other Portuguese products.

Address: Rua Anchieta 11, Lisbon
Phone: +351 213 465 073
Internet: www.avidaportuguesa.com

Garbags

Garbags is a shop that sells products made from recycled materials. What used to be chips bags and pet food containers are here transformed into stylish items such as bags or shoes.

Address: Rua do Salvador, 56, Lisbon
Phone: +351 21 240 84 42
Internet: www.garbags.eu

take.me

Take.me is a fun shop where you can easily find gifts to bring home to your friends and family. This shop is full of colourful pieces such as toys, papers and cards.

Address: Rua Aurea, 151 | Rua Do Arsenal, 126, Lisbon
Opening hours: Mon-Sun 10 am-8 pm

Zara

This world famous brand soon has a store in every mid-size town and in Lisbon you can find several outlets. Here you find the latest fashion for men, women and children, everything from street wear to the more up-dressed look.

Address: Rua Augusta, 157-171, Lisbon
Phone: +351 213243720
Internet: www.zara.com

Mango

At Mango, the urban young woman finds everything from sleek work-wear to the fabulous cocktail dress to reasonable prices. Match your new outfit with the perfect shoes and accessories that you also find here. There are seven shops in the city and one of them is located on:

Address: Av. Dos Lusiadas Letras C.C., Lisbon
Phone: +35 2 17 16 51 45
Internet: www.mango.com

Stradivarius

In the same genre as Mango and Zara you find Stradivarius. Racks with the latest fashion wear, together with high heels, ballerinas, scarves and accessories fill the shop and if you don't find your size, don't worry there are several outlets in the city.

Address: Garret, 72, Lisbon
Phone: +35 1213470253
Internet: www.stradivarius.com

H&M

This Swedish chain, that you nowadays find almost everywhere in the world, provides high street fashion for

both men and women at prices suiting everyone. Here in Lisbon you can find boutiques located on different locations around town.

Address: Rua Augusta, 137, Lisbon
Opening hours: Mon-Sat 10 am-8 pm
Phone: +351 800200034
Internet: www.hm.com

ACCOMMODATIONS



Photo: Pedro Ribeiro Simões

The rule in Lisbon is to keep close to the river to get the best out of your visit. Here are a few suggestions for your stay in Lisbon:

Pestana Palace

This minutely restored and renovated 19th century palace, in a peaceful setting just outside the centre, is one of the city's top hotels. Most of the rooms are housed in the two newly erected wings.

Address: Rua Jau 54, 1300-314 Lisbon
Phone: +351 213 615 600
Internet: www.pestana.com

Bairro Alto Hotel

Right in the centre of the city, in an imposing 19th century building whose facade has been preserved, you find this prominent hotel that offers 55 rooms. The interior combines modern design and technology with classical elements.

Address: Praça Luís de Camões 2, 1200-243 Lisbon
Phone: +351 213 408 288

Internet: www.bairroaltohotel.com

Vip Eden Aparthotel

This is a very central apartment hotel housed in an art deco building that used to be a cinema. They offer practical apartments, with restrained styling and pantry. The hotel has a swimming pool on the roof with a magnificent view of the city.

Address: Praça dos Restauradores, 24, Lisbon
Phone: +351 213 216 600
Internet: www.edenaparthotelvip.com

Residencial Florescente

Residencial Florescente is a well-managed and neat hotel on a pedestrian street in the crowded centre. Its location is close to good restaurants, shopping, etc.

Address: Rua Portas de Santo Antão 99, 1150-266 Lisbon
Phone: +351 213 426 609
Internet: www.residencialflorescente.com

Lisbon Old Town Hostel

This hostel opened its doors in 2007 and is located in one of the 7 hills of Lisbon (old town) in an 18th century building. It is renovated to give you all the comfort you need and cleanliness is very important for the owners. Breakfast is also included when staying at this hostel.

Address: Rua do Ataíde, 26A, Lisbon
Phone: +351 213 465 248
Internet: www.lisbonoldtownhostel.com

Tivoli Lisboa

Indulge yourself at this 5 star luxury hotel that offers everything you wish for. Elegant rooms to sleep in, an outdoor pool to swim in, a rooftop bar to have a cocktail at and two restaurants to tease your taste-buds are just a few of the amenities offered here. The hotel is located right in the city centre.

Address: Av. da Liberdade, 185, Lisbon
Phone: +351 218 507 708
Internet: www.tivolihotels.com

Hotel Jeronimos 8

This design hotel is located in a building from the 1940's in the Belém district. The 65 rooms are contemporary decorated and offer free Wi-Fi. Public transport is within easy access.

Address: Rua dos Jerónimos, 8, Belem, 1400-211 Lisbon
Phone: +351 21 360 09 00
Internet: www.jeronimos8.com

Hostel 4U

At Hostel 4U you are close to major attractions, nightlife, restaurants and shops. The rooms are bright and clean and linen and towels are provided, such as free Wi-Fi. A breakfast buffet is served every day.

Address: Rua da Madalena, n. 96, 1100-323 Lisbon
Phone: +351 218 874 204
Internet: www.hostel4ulisbon.com

Casa Balthazar

This elegant family house offers 9 rooms and suites, almost all of them equipped with a kitchenette for self-catering. A garden with sunbeds and a pool is provided for the guests, and there is also a restaurant in the building.

Address: Rua do Duque, 26, Lisbon
Phone: +351 91 708 55 68
Internet: www.casabalthazarlisbon.com

Rent4days Brown's Hotel & Apartments

To feel like a local, renting an apartment could be a good idea. Rent4days Brown's Hotel & Apartments offers a wide range of stylish and well-equipped flats in different parts of Lisbon. Number of bedrooms and size of the apartment varies.

Address: Rua Da Vitória, 88, 1100-619 Lisbon
Phone: +34 93 368 47 00
Internet: www.rent4days.com

HF Fénix Garden

At a central location with easy access to public transport,

this modern hotel with 94 rooms lies. Except all necessary amenities, the rooms also provide free Wi-Fi. A continental breakfast is served every morning.

Address: Rua Joaquim Antonio De Aguiar, 3, Coracao de Jesus, 1050-010 Lisbon
Phone: +351 226 071 800
Internet: www.hfhotels.com

Hotel Principe Lisboa

Next to the lush Park Edward VII in an area with lots of restaurants and cafés, 3 star Hotel Principe Lisboa is located. Wi-Fi is free throughout the building. The city centre is reached within 15 minutes by metro.

Address: Av. Duque de Ávila N° 201, 1050-082 Lisbon
Phone: +351 213 592 050
Internet: www.hotelprincipelisboa.com

Embaixador Hotel

Embaixador Hotel was completely renovated in 2012 and has a fresh and urban look and atmosphere. The rooms are bright and are stylish decorated. From the restaurant on the 9th floor you have an amazing view over the Tagus River and St. George's Castle.

Address: Av. Duque de Loulé, 73, Coracao de Jesus, Lisbon
Phone: +351 213 194 000
Internet: www.embaixadorhotel.com

ESSENTIAL INFORMATION



Photo: John Leslie

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destination@arrivalguides.com

Lisbon Airport

Lisbon Airport is located very close to the city centre. So it is quick, easy and cheap to get to and from the airport.

There is one airport bus (Aerobus) with two lines that operates from 7 am-11.20 pm. Aerobus line 1 connects the airport and Cais do Sodré, departing every 20 minutes. Aerobus line 2 links the airport with the financial centre, Av. José Malhoa, and departs every 40 minutes.

Public transportation such as metro and public buses are also available. The underground train takes about 21 minutes.

www.metrolisboa.pt

A taxi to the centre takes between twenty minutes and a half an hour. The traffic is also somewhat higher during nights and weekends.

Address: Lisbon Airport, Lisbon
Phone: +351 21 8413500
Internet: www.ana.pt

Public Transport



Lisbon is well provided for with public transport, including buses, underground, local trains, ferries, trams and funiculars. The two latter are the least efficient but most entertaining. Buses and Underground stop running around 1 am, there are night buses but it is easiest to take a taxi for late night journeys.

Internet: www.metrolisboa.pt / www.carris.pt

Taxi



Taxis can be stopped on the street, taken from stations or phoned. In central Lisbon, empty taxis circulate frequently, except during rush hours or when it rains. Tips are not mandatory, but are appreciated even if they are small.

Autocoope
+351 217 932 756
www.autocoope.pai.pt

Retalis Rádio Táxis
+351 218 119 000
www.retalis.pt

Teletáxis:

Phone: +351 218 111 100
Internet: www.teletaxis.pt

Post

The post offices are generally open from Mon-Fri 8am and

10pm. The main post office at Praça dos Restauradores has longer opening hours.

Main Post Office:

Address: Praça dos Restauradores, Lisbon
Internet: www.ctt.pt

Pharmacy

Each suburb has a 24 hour pharmacy (farmácia, with a green cross) according to a schedule posted in the windows of closed pharmacies.

Farmácia Andrade:

Address: Rua do Alecrim, 125, Lisbon
Phone: +35 213 241 670
Internet: www.farmaciasportuguesas.pt

Telephone

Country code: +351

Area code: 21

Electricity

220 V/50Hz

Population

547,000

Currency

Euro (EUR) €1 = 100 cents

Opening hours

Shops are generally open between 9 am-1 pm and 3 pm-7 pm. Nowadays there are many shops also open during the lunch break.

Newspapers

Público
Diário de Notícias
Correio da Manhã

Emergency numbers

Emergency: 112

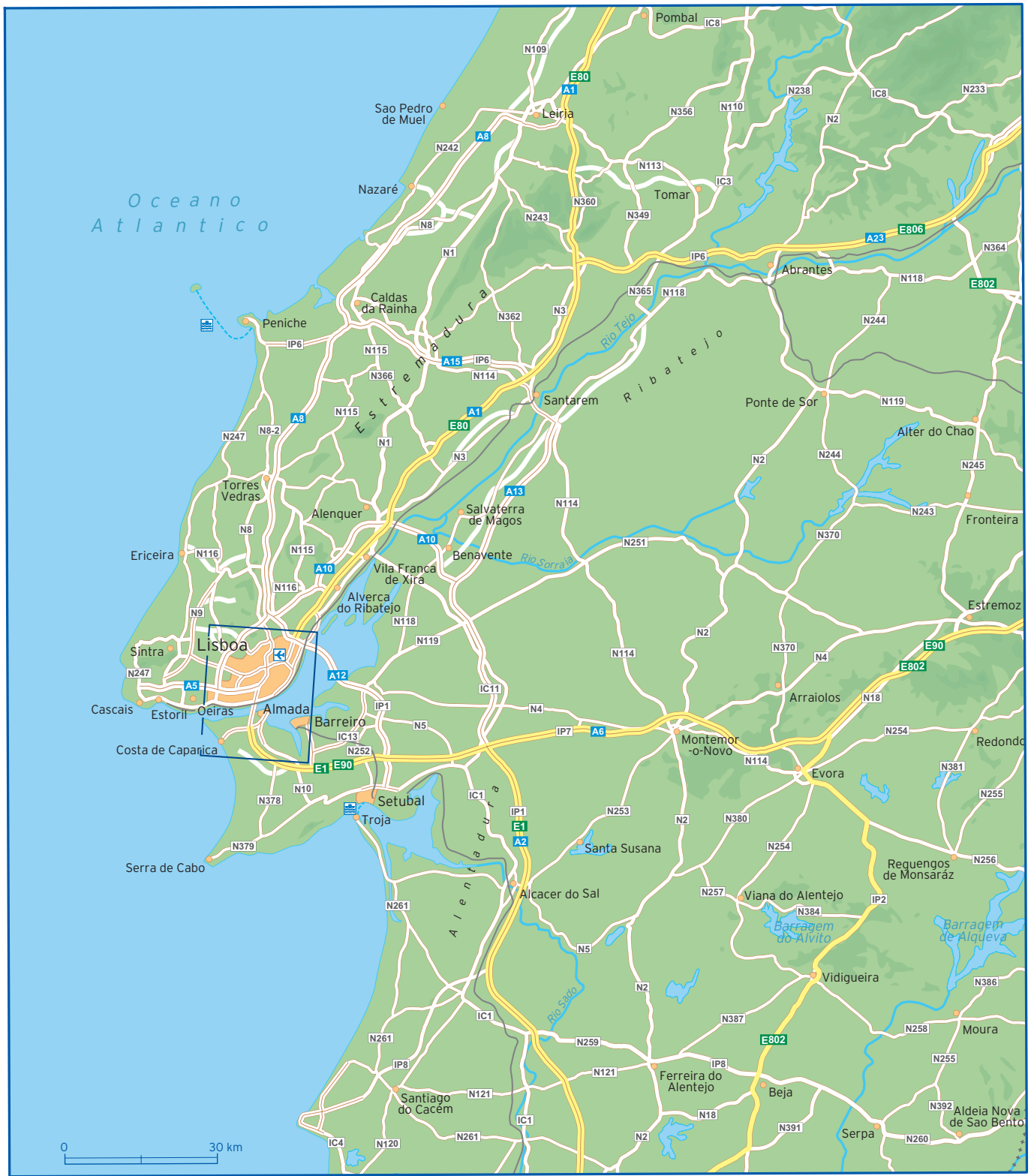
Tourist information

Tourist Information - Turismo de Lisboa
Rua do Arsenal, 23, Lisbon
+351 210 312 700
atl@visitlisboa.com



Metropolitano de Lisboa







Avenida Almirante Reis	D1 D2	Rua Cruz da Carreira	C2	Rua de Santa Maria	B1
Avenida Alvares Cabral	A2	Rua da Acad. das Ciencia	A3 B3	Rua de Sao José	B2
Avenida da Liberdade	B2	Rua da Almada	B3 B4	Rua de Sol	A3 B3
Avenida Dom Carlos I.	A3 A4	Rua da Arroios	D1	Rua de Sta Barbara	D1 D2
Avenida Duque de Loulé	B1 C1	Rua da Assuncao	C3 C4	Rua do Alecrim	B4
Avenida Fontes Pereira de Melo	B1	Rua da Atalaia	B3	Rua do Alegrete	C3 D3
Avenida Infante D. Henrique	C4 D4	Rua da Boavista	A4 B4	Rua do Arsenal	B4 C4
Avenida Joaquim A. de Aguiar	A1 B1	Rua da Chagas	B3 B4	Rua do Benfornoso	D2 D3
Avenida Ribeira da Naus	B4 C4	Rua da Conc. da Gloria	B2 B3	Rua do Comercio	C4
Avenida Sidónio Pais	B1	Rua da Conceicao	C4	Rua do Conde de Redondo	B1 C1
Avenida Vinte e Quatro de Julho	A4 B4	Rua da Costa do Castelo	C3 D3	Rua do Limoeiro	D4
Calc da Estrela	A3	Rua da Cruz dos Poais	A3	Rua do Norte	B3
Calc de Santana	C3	Rua da Escola do Exército	C2 D1	Rua do Passadico	C2
Calc. da Gracia	D3	Rua da Escola Politécnica	A2 B3	Rua do Poco do Negros	A3
Calc. de S. Vicente	D3	Rua da Gloria	B2 B3	Rua do S. Pedro	D4
Calc. do Monte	D3	Rua da Graca	D2 D3	Rua do Saco	C2
Calçada do Combro	A3 B3	Rua da Guia	D3	Rua do Salvador	D3 D4
L. Martim Moniz	C3	Rua da Imprensa	A2 A3	Rua do Século	B3
Miradouro de Sta Catarina	A4 B4	Rua da Madalena	C3 C4	Rua do Telha	C2
Miradouro Senhora do Monte	D2	Rua da Misencordia	B3 B4	Rua Dom Joao V	A2
Paco da Rainha	C2 D2	Rua da Palma	C3 D3	Rua dom Luis I.	A4 B4
Praca de Principe Real	B2 B3	Rua da Palmeira	B3	Rua Dona Estefania	C1
Praca do Comercio	C4	Rua da Paz	A3	Rua dos Bacalhoeiros	C4 D4
Praca do Ribeira	C4 D4	Rua da Prata	C4	Rua dos Fanqueiros	C3 C4
Praca Dom Pedro IV	C3	Rua da Ribeira Nova	B4	Rua dos Salitre	A2 B2
Praca Marques de Pombal	B1	Rua da Rosa	B3	Rua Eduardo Coelho	A3 B3
Roa dos Anjos	D1 D2	Rua da Taipas	B3	Rua Emenda	B4
Rua A. M. Cardoso	B4	Rua Dam. Monteiro	D3	Rua F. Ribeiro	D1
Rua Alexandre Braga	C1 D1	Rua Damasceno Monteiro	D2	Rua F. Tomás	A3
Rua Alexandre Herculano	A2 B2	Rua das Amoreiras	A1 A2	Rua Forno do Tijolo	D1 D2
Rua Andr. Corvo	B1 C1	Rua das Flores	B4	Rua Franc. Sanches	D1
Rua Angelina Vidal	D2	Rua das Francesinha	A3	Rua Gomes Freire	C1
Rua António	D1	Rua de Alfandega	C4 D4	Rua Gonc. Crespo	C1
Rua Artilharia Um	A1	Rua de Angola	D1	Rua Inst. Bacteriologico	C2
Rua Augusta	C4	Rua de Barao	D4	Rua Inst. Industrial	A4
Rua Aurea (Rua do Ouro)	C3 C4	Rua de D. Pedro V.	B3	Rua J. Bonifacio	C1
Rua Barata Salgueiro	B2	Rua de Madres	A3 A4	Rua J. Estevao	D1
Rua Bern. Marques	A3	Rua de Mocambique	D1 D2	Rua Jacinta Marto	C1 D1
Rua Bern. Ribeiro	C1	Rua de Olarias	D2 D3	Rua Joao Penha	A1 A2
Rua Braamcamp	A2 B1	Rua de Prazeres	A2 A3	Rua Luciano Cordeiro	C1 C2
Rua C. C. Branco	B1	Rua de S. Amaro	A3	Rua Luz Soriano	B3
Rua C. de Sousa	A3 B2	Rua de S. Bento	A2 A3	Rua M. Olivete	A2 A3
Rua C. Pestana	C2	Rua de S. Filipe Nery	A1 A2	Rua Maria	D2
Rua Caetano	B3	Rua de S. Juliao	C4	Rua Maria Andrade	D2
Rua Cap. R. Baptista	C2 D2	Rua de S. Lázaro	C2 C3	Rua Maria da Fonte	D2
Rua Capelo Ivens	B4 C4	Rua de S. Macal	A2 A3	Rua Marques da Silva	D1
Rua Card. de S. José	B2 C2	Rua de S. Mamede	C4 D4	Rua Mig Lupi	A3
Rua Castilho	A1 B1	Rua de S. Pedro Mártir	C3	Rua N da Trindade	B3 B4
Rua Cid. Liverpool	D1	Rua de S. Vicente	D3	Rua N. do Loureiro	B3

Rua Palmira	D2	Rua Rodrigues Sampaio	B1 B2	Rua Serpa Pinto	B4
Rua Pascoal de Melo	D1	Rua Rosa Araujo	B2	Rua Sousa Martins	B1 C1
Rua Passos Manuel	D1	Rua S. Gens	D3	Rua Terr.do Trigo	D4
Rua Regueira	D1 D2	Rua S. Tiago	D4	T. de Carvalho	B4
Rua Rodrigo da Fonseca	A1 A2				